Health and Medicine is for passionate students considering careers in areas such as exercise science, medicine, nursing, nutrition or public health. As one of our students, you will be a part of an active research environment which aims to make you industry-ready. We work closely with government and private health organisations so you can combine theoretical science with practical application during work placements.

OUTSTANDING FACILITIES

**Human Anatomy Laboratory**
Doctors and allied health professionals rely on a practical understanding of the human body—and there is no more effective learning tool than the real thing. At UOW, anyone who takes an anatomy class will learn in the human anatomy laboratories studying actual human remains.

Our anatomy labs cater to over 700 students and researchers, and you will start in the labs as early as your first year, putting everything you learn in lectures in context.

**Clinical Laboratories and Simulation Centre**
From your first year as a Nursing student at UOW, you will work in our clinical laboratories and simulation centre every week. UOW’s clinical laboratories and simulation centre offer new and exciting ways to improve your nursing skills. They combine the latest in technologies to give you an experience as close as possible to seeing real patients. These labs will be your first chance to put theory to work and see how your education will one day help save lives.

PROFESSIONAL ACCREDITATION
All our professional degrees in health sciences and nursing are accredited by relevant professional bodies which means you will graduate with a qualification recognised around Australia. External course accreditation underpins the Faculty’s processes for ensuring our courses meet the evolving needs of students and industry.

The following courses are externally accredited:
- Health Sciences: Bachelor of Nutrition & Dietetics, Bachelor of Science (Nutrition), Bachelor of Science (Exercise Science), Bachelor of Exercise Science and Rehabilitation.
- Nursing, Midwifery and Indigenous Health: Bachelor of Nursing, Bridging Program for Enrolled Nurses – TAFE NSW to University of Wollongong, Bachelor of Nursing for Overseas Qualified Nurses, Bachelor of Nursing – Advanced (Management and Leadership or Mental Health)

PRACTICAL EXPERIENCES
Undertake practical placements and put your knowledge to work in real community, sport, clinical, scientific and commercial settings. As well as improving your skills and making you work-ready, these placements are an essential part of earning professional accreditation.
LEARN YOUR WAY
CONNECT: DEGREES

EXERCISE SCIENCE

Bachelor of Exercise Science & Rehabilitation
A four-year degree focused on the use of exercise to maintain health as well as rehabilitate after injury or disease. This degree provides you with the opportunity to be accredited as an exercise physiologist.

Bachelor of Science (Exercise Science)
A three-year degree that teaches you the science behind nutrition and its application to the health of communities.

Bachelor of Exercise Science and Rehabilitation
A four-year degree focused on the use of exercise to maintain health as well as rehabilitate after injury or disease. This degree offers a strong emphasis on practical learning and clinical placement opportunities. The Bachelor of Exercise Science and Rehabilitation is fully accredited by ESSA, and you can apply to become an Accredited Exercise Physiologist. To do so, you need a qualification certified by ESSA.

PROFESSIONAL ACCREDITATION
Our exercise science degrees are accredited by the industry's professional governing body, Exercise and Sport Science Australia (ESSA).

WHICH EXERCISE DEGREE?
To work as an exercise physiologist in Australia, you need to become an Accredited Exercise Physiologist. To do so, you need a qualification certified by ESSA. The Bachelor of Exercise Science and Rehabilitation is fully accredited by ESSA, and when you graduate you can apply to become an Accredited Exercise Physiologist. The Bachelor of Science (Exercise Science) is accredited by ESSA, which means you become an accredited exercise scientist on graduation. If you then complete an accredited postgraduate degree (such as UOW’s one-year Master of Clinical Exercise Physiology) you can apply to become an Accredited Exercise Physiologist.

NURSING

Bachelor of Nursing
A three-year degree focused on training you for a career in nursing and health care. Has a strong emphasis on practical learning and clinical placement opportunities.

Bachelor of Nursing Advanced
A four-year nursing program that incorporates a minor study, with the option to complete a research project.

PUBLIC HEALTH

Bachelor of Public Health
A three-year degree that examines the health of populations. You will have a choice of six majors ranging from epidemiology to administration.

Bachelor of Public Health Nutrition
A three-year degree that teaches you the science behind nutrition and its application to the health of communities.

PRACTICAL PLACEMENTS
In both exercise science degrees, you will undertake practical placements, putting your knowledge to work in real community, sport, clinical, scientific and commercial settings. As well as improving your skills and making you work-ready, these placements are an essential part of earning professional accreditation (see below).

Throughout the Bachelor of Science (Exercise Science) you will complete 140 hours of practical placement.

If you complete the Bachelor of Exercise Science and Rehabilitation, you will complete 500 hours of practical placement, mostly in your final year.

WHAT YOU WILL STUDY
In both degrees, you will learn the anatomical and physiological bases of human motion, and the effect of exercise on human performance in sport, industry tasks, activities of daily living, and on injury and disease. To do this you’ll study anatomy, physiology, exercise physiology, exercise prescription and biomechanics. Your scientific training will improve your skills in data gathering and analysis, systems integration and most importantly, understanding the fundamental processes behind both healthy and unhealthy human bodies. This scientific foundation will enable you to adapt to a variety of situations in the workplace—and if you work in a clinical setting, it will be a significant advantage in designing effective exercise programs to treat individuals with chronic disease and physical disabilities.

The Bachelor of Exercise Science and Rehabilitation builds on this learning with advanced clinical training for work as an exercise physiologist.

MEDICAL AND HEALTH SCIENCE

Bachelor of Health Science in Indigenous Health Studies
A three-year degree focused on providing effective, responsive and compassionate health care for Indigenous people.

Bachelor of Medical & Health Sciences
A three-year degree that covers the scientific bases of human structure, function and health. It is an ideal foundation for further study or careers in medical and health sciences.

Bachelor of Medical & Health Sciences Advanced Honours
A four-year flexible program specifically designed for high achieving students. In the final year, all students will undertake a research project, via direct entry into Honours.

Bachelor of Science (Exercise Science)
A four-year degree based on the science underpinning nutrition. It also covers biochemistry, human physiology, nutritional metabolism and community and health nutrition.

Bachelor of Science (Nutrition)
A three-year degree focused on the science underlying nutrition. It also covers biochemistry, human physiology, nutritional metabolism and community and health nutrition.

Bachelor of Public Health
A three-year degree that examines the health of populations. You will have a choice of six majors ranging from epidemiology to administration.

Bachelor of Public Health Nutrition
A three-year degree that teaches you the science behind nutrition and its application to the health of communities.
An exercise scientist is a trained exercise professional capable of working in many fields. Their knowledge of human anatomy, physiology, and health makes them particularly well suited to roles in coaching, strength and conditioning, fitness, health policy, or corporate consultation. They can also work in research, advisory, and advocacy roles.

An exercise physiologist has the same scientific training as an exercise scientist, with the addition of advanced knowledge in pathology and rehabilitation, as well as skills in clinical practice. This means they can work as an allied health professional assessing clients in a clinical setting. This often means prescribing exercise to correct, manage, or prevent illness and injury.

In a rehabilitation setting, they can work in a multi-disciplinary team with other allied health and medical professionals to help clients recover from sickness, injury, or surgery. To work in these clinical settings, good communication and interpersonal skills are a definite advantage. In both degrees, you will also learn how to use a variety of equipment including electrocardiograph machines (ECG machines), spirometers, metabolic machines (VO2 – oxygen consumption machine), blood pressure units, body composition devices, and various forms of exercise equipment for assessment and training purposes. As well as being used in a clinical setting (hospitals and other medical practices), these machines are used in elite sports medicine and training. With further training, you could also become a cardiac technician, radiographer, pacemaker technician, and other technological careers with a clinical focus.

**PROFESSIONAL PATHWAYS**

Both exercise science degrees are also excellent undergraduate pathways to additional postgraduate study such as medicine, physiotherapy, occupational health & safety, and clinical exercise physiology.

**INDIGENOUS HEALTH**

Aboriginal and Torres Strait Islander people face a unique set of personal and community health issues. Effective, responsive, and compassionate care for Indigenous people requires professionals with a broad set of skills and knowledge.

The three-year course covers areas such as comparative Indigenous health issues and Indigenous health research. These areas are complemented with study in Indigenous Studies, Psychology, Sociology, Education, and other related areas.

**CAREERS**

Job opportunities exist in the community sector, working in Aboriginal Medical Services or with State or Federal health agencies. You may be interested in working in a rural or remote community or in community development, health promotion, planning or policy. Whatever your choice, this degree will help you achieve your goals. Many of our students are already employed well before the completion of their degree.

**WHAT YOU WILL STUDY**

The three-year course covers areas such as comparative Indigenous health issues and Indigenous health research. These areas are complemented with study in Indigenous Studies, Psychology, Sociology, Education, and other related areas.

**CAREERS**

Job opportunities exist in the community sector, working in Aboriginal Medical Services or with State or Federal health agencies. You may be interested in working in a rural or remote community or in community development, health promotion, planning or policy. Whatever your choice, this degree will help you achieve your goals. Many of our students are already employed well before the completion of their degree.

**PATHWAYS TO MEDICINE AND OTHER MEDICAL PROFESSIONS**

These degrees are also very popular choices as foundation degrees for graduate medical studies, such as UOW’s Bachelor of Medicine Bachelor of Surgery (MBBS), as well as entry into postgraduate degrees in Dentistry and other areas of Medical Practice. These pathways lead to further study that can qualify you for higher research degree programs that lead to becoming a medical research scientist.
Nursing is about providing collaborative health care to people, with a focus on the care of ill, disabled or palliative patients. Nurses represent the single largest group of health professionals in the world; at last count there were over 2.7 million in Australia alone.

Nursing is one of the cornerstones of the health care system. As Australia moves towards a new model of health care, nurses will become even more important in health promotion and prevention, and in chronic disease management.

Nursing is a people-centred profession, and no two days—or people—are the same. Sometimes you will care for people at their most vulnerable and sometimes you will be there in their happiest moments. This is a privileged position, and carries with it significant responsibility. At UOW we meet that responsibility by educating nurses to be safe, effective and professional practitioners.

WHAT YOU WILL STUDY

The nursing curriculum is a distinctive blend of art and science. You will be exposed to clinical practice and sciences that underpin nursing and your education will be informed by a philosophy that values people and upholds their dignity.

Nursing requires a blend of Arts and Sciences, such as sociology, anthropology, psychology, biology (particularly human anatomy and physiology) to name but a few. This rich blend of art and the sciences makes for an exciting integrated theoretical underpinning to your learning and development as a nursing student. We believe this is an excellent platform for lifelong learning that you will carry forward into your nursing practice.

Nursing is a diverse field, but at UOW we have identified four main areas of nursing practice and developed our curriculum to match:

- **Acute care** - Most common in a hospital setting, this is caring for people who are suffering a distinct episode of illness.
- **Aged care** - In order to meet the needs of older people we emphasise healthy aging, as well as, chronic and continuing care.
- **Community and primary care** - working in practices, clinics and in people’s homes alongside other health professionals.
- **Mental health** - This is a mixture of ‘patient states’ with unique challenges, and it can occur in any setting (hospital or community) with any patient cohort (across the life span).

Being educated in these areas, and learning to move across and between them, will prepare you for almost any nursing career—and there are hundreds to choose from (see CAREERS below).

In the Bachelor of Nursing Advanced you will choose one of two minors in your third year. The Management & Leadership and Mental Health minors focus on teaching you the skills and adaptability necessary to work in constantly evolving clinical and administrative environments.

PROFESSIONAL ACCREDITATION

Successful completion of the Bachelor of Nursing or Bachelor of Nursing Advanced will mean you are eligible to register with the Nursing and Midwifery Board of Australia. Registration may also be gained in a number of other countries.

CLINICAL PLACEMENTS

Nurses spend more time with patients than any other health professional. This amount of interaction demands finely honed clinical skills supported by the integration of evidence-based theory into practice.

From your first year, you will complete clinical placements in hospitals, clinics, aged care facilities and health services. In these placements you will care for patients and clients, putting what you have learned in lectures and simulations to work.

After every placement you will receive feedback from your facilitator and other Registered Nurses (RNs). This will assist you to achieve the competencies necessary in a new graduate nurse.

This means that every one of your placements will be better than the last. You’ll learn more, be more effective and see your career as a nurse unfold as you progress. And you’ll never go on placement without the support and knowledge you need to succeed.

CAREERS

Nurses are in high demand—registration as a nurse is a comprehensive, flexible qualification. UOW nursing graduates enjoy excellent employment prospects—according to the GCA Graduate Destination Survey 2010, UOW has the second highest full-time employment rate for graduate nurses in Australia.

Most nurses work in the hospital system, but there are many other careers in nursing. It is a diverse industry, with jobs in every field from acute care to education and prevention programs. Registered nurses also work in policy, research and administration. Even within the clinical setting, nurses fill an incredibly wide variety of roles and specialisations, and may focus on working with one particular group of patients: for example, children or older people.

Nursing in well-serviced urban areas tends towards specialisation, while rural and regional practice favours nurses who can work across multiple areas as needed. Your UOW education will prepare you for work in either setting.

Being good with people—having a genuine interest in their lives—is essential to being a good nurse. Communication, rapport, respect and dignity are part of holistic care, and they directly contribute to helping a patient achieve good health.

PROFESSIONAL PATHWAYS

1. LECTURES AND TUTORIALS

   Where you will learn the scientific and theoretical principles of nursing care. Lessons here are developed from rigorous research and many years of workplace experience.

2. SIMULATIONS & LABORATORIES

   Where you will first practice both clinical and communication skills before going on clinical placement. Our simulation laboratories can recreate any real working environment and you’ll receive instant feedback about your skills.

3. CLINICAL PLACEMENTS

   Practical learning with real patients in hospital, community settings, aged care facilities and other health services.

4. NURSING CAREER

   When you graduate you will be ready for registration with the Nursing and Midwifery Board of Australia—and a fulfilling career as a registered nurse.
Lisa Redwood
BACHELOR OF NURSING 2012
REGISTERED NURSE, INTENSIVE CARE UNIT
NORTH SHORE PRIVATE HOSPITAL, SYDNEY

UOW graduate Lisa Redwood clearly remembers the moment, a few weeks into her nursing career, when she really felt at home in her new role for the first time.

“I had been a nurse for six weeks when I had that moment where I sat back and thought ‘I am a nurse. I actually feel like a nurse, with the feeling that this is my patient and I have a responsibility to care for them the best I can,’ she explains.

It was a satisfying feeling for the former Wollongong student, who graduated from UOW in 2012 with a Bachelor of Nursing and started work in early 2013 as a Registered Nurse in the Intensive Care Unit at North Shore Private Hospital, Sydney—one of two hospitals to offer her a position.

“The learning curve once I started working was steep, but my Bachelor of Nursing studies at UOW did prepare me well for the job, not only with practical things like the use of pumps, lines and medications, but also the deeper things like listening to the patients properly, critical thinking and therapeutic nursing.”

“With you start working and putting what you have learnt into practice, every years down the track you will do something and realise that you learnt it at UOW”

“I chose nursing because I like helping people. I have always been interested in medical aid work, so I thought nursing would be a great way to do both, and a good platform for further education.”

Lisa’s career aspirations received a huge boost in her final year at UOW, when she attended a two-week course in the Netherlands called Nursing Leadership in an International Context. She was able to attend with the support of the Head of School, Associate Professor Angela Brown, and funding assistance from both the School and the UOW Study Abroad Office.

Lisa’s advice to others considering UOW’s Bachelor of Nursing Degree, is to be prepared for lots of hard work, but plenty of fun as well.

“Seek out any opportunities in whatever you are interested in! There are many opportunities for students - you just have to find them.”

Lisa Redwood
Bachelor of Nursing 2012
Registered Nurse, Intensive Care Unit
North Shore Private Hospital, Sydney

NUTRITION AND DIETETICS

UNIVERSITY OF WOLLONGONG HEALTH AND MEDICINE
Nutrition and Dietetics (CONTINUED)

ACCRREDITATION

To achieve the credential of Accredited Practising Dietitian (APD) (required for recognition by Medicare and to receive a provider number) you must graduate from an accredited program such as the UOW Bachelor of Nutrition and Dietetics or MSc (Nutrition and Dietetics). These degrees allow eligibility for the Dietitians Association of Australia APD and also Accredited Nutritionist (AN).

A Bachelor of Science (Nutrition) will get you an associate membership of the DAA. With further work experience you can then qualify to be placed on a register of nutritionists kept by the Nutrition Society of Australia.

Bachelor of Nutrition and Dietetics
4 years

Master of Science
(Nutrition & Dietetics)
2 years

Bachelor of Science
(Nutrition)
3 years

NUTRITIONIST
Public Health
Food Industry
Research

DIETITIAN
Clinical Settings (inc. Hospitals)
Private Practice, Community and Public Health Nutrition
Nutrition Policy and Health Medical Research
Food Service and Food Supply
Intervention and Research

AMY CARRAD
BACHELOR OF PUBLIC HEALTH 2012

With hundreds of thousands of vending machines around Australia dispensing high-calorie food and drinks, UOW student Amy Carrad’s research has the potential to make a difference to people’s health – helping future consumers stop, think and choose more nutritious snacks.

Amy, 22, graduated with a Bachelor of Public Health in 2012 and is now doing a one-year Honours research project exploring feasible methods for increasing the range of healthy snacks available in vending machines and the effects of point-of-purchase nutrition information on consumers’ food and drink choices.

Amy is confident that a career in public health will allow her to make a difference to people’s lives.

“You are on the frontline – the preventative side of health, and that appeals to me. You feel like you are trying to change society for the better … making healthy choices easier.”

“I do want to make a difference to society and UOW is helping me to form my goals. UOW’s Bachelor of Public Health has opened up opportunities. You study such a broad range of topics – from public health principles to indigenous culture and statistics – so when you graduate it feels like you can really choose where you want to go based on what you want to do, not just where university has led you.”

Amy grew up in the lower Blue Mountains, but moved to Wollongong to study at UOW.

“It’s been a great university to study at. The campus is beautiful, the academics and staff are so knowledgeable and helpful and I’ve made great friends.

“When I finished school I didn’t have a plan but I knew I was interested in studying Public Health. Taking the Public Health Project subject in the final year of my degree allowed me to undertake a small research project which has now led into my Honours project. From here, I know I can go on to do my PhD and a research career, or work in another sector of the public health field, hopefully overseas.”
The Bachelor of Public Health program at the University of Wollongong focuses on improving the health of communities. You will study key issues affecting the health of populations, develop skills in obtaining, reviewing, and analysing health information, and learn to plan and manage a health program or project. You will focus your studies by choosing from one of six majors. Each will give you a set of skills relevant to a particular area within public health practice—but no matter what you choose, you’ll enjoy excellent career options across the entire industry.

### Public Health

**BACHELOR OF PUBLIC HEALTH**

**ATAR**

75

**DURATION**

3 years

**STARTS**

Autumn/Feb/May

**LOCATION**

Wollongong

**UAC**

757650

**CRICOS**

068536F

**SAMPLE CAREERS**

Health promotion officer
Health service provider
Data management officer
Project officer

**WHAT YOU WILL STUDY**

Health Promotion focuses on identifying health needs, targets and strategies for individuals, communities, and populations. Job opportunities include health promotion officer with government or non-government organisations.

**CAREERS**

In the industry, the work of epidemiologists is essential to planning health strategies. They can both accurately identify and quantify a health epidemic, and then measure the effectiveness of a project trying to correct it. Aptitude for statistics is an advantage. Epidemiology stresses the evidence-based approach of public health, using complex data sets to analyse and evaluate problems.

### Epidemiology

**SAMPLE CAREERS**

Research officer
Health service provider
Data management officer
Project officer

**WHAT YOU WILL STUDY**

You will learn a combination of skills in health science, psychology, demography and statistics to give you the skills an epidemiologist relies on. You will examine a number of study types (cross-sectional, case control, cohort, intervention studies) in the context of public health problems. You will also discuss causality and alternate reasons for observed associations (for example chance, bias, confounding and effect modification).

**CAREERS**

In the industry, the work of epidemiologists is essential to planning health strategies. They can both accurately identify and quantify a health epidemic, and then measure the effectiveness of a project trying to correct it. Aptitude for statistics is an advantage. Epidemiology stresses the evidence-based approach of public health, using complex data sets to analyse and evaluate problems.

### Health Promotion

**SAMPLE CAREERS**

Health promotion officer
Program manager
Social planning and research officer

**WHAT YOU WILL STUDY**

You will be cross-trained in the wide range of skills you need to work with medical and allied health professionals, government and corporate partners, the media and the public. You will also study health promotion in detail: how it’s been applied in communities, health services, worksites, and schools. You’ll focus on issues of health equity and critically review theories of behaviour change and public policy.

**CAREERS**

Graduates in this major are well prepared to manage health projects. The key attributes here are flexibility and broad knowledge. Graduates enjoy particularly good career mobility, with many opportunities for work overseas.

A project manager in public health has to bridge the expertise of many different people. Some are colleagues who have specialised in a planning or operational role. Others are in related fields including allied health, medicine and media. Some are even antagonists—people who support policies detrimental to a health project. The exact mix of skills needed will be unique to every project.

Promotions officers working in government or quasi-government organisations will tend to be more heavily involved in health policy, larger programs, and funding submissions.

### Indigenous Health

**SAMPLE CAREERS**

Policy and research officer
Program manager

**WHAT YOU WILL LEARN**

Indigenous Australians face a unique set of health challenges that lead to poor health outcomes. Population health strategies targeting these specific challenges are needed to improve the health of Aboriginal and Torres Strait Islander people. This major examines Indigenous populations’ health with the aim to ‘close the gap’ between health outcomes for Indigenous and non-Indigenous Australians.

**CAREERS**

Most Indigenous health promotion officers work in local and state government. Many work in the communities they run programs in, but there is a significant amount of work in research and Indigenous health policy.

### Health Administration

**SAMPLE CAREERS**

Local team manager
Program officer
Case management support officer

**WHAT YOU WILL STUDY**

Health administration is the combination of infrastructure and processes that support health services. All health care—from health care provision to research and policy— involves the coordination of many people and a vast amount of information. In a public health setting, health administration is the science that keeps projects running effectively and efficiently.

**CAREERS**

Health administrators are employed in all areas of public health—government or otherwise. They are also needed by the wider health industry and health care providers. Graduates trained in management and administration will tend to work in operational roles within health projects, and may manage other staff. As in any administrative or managerial role, people who can effectively multi-task will thrive.
Population & Environment

Population health is an important part of building sustainable communities. Physical and social environments are major factors in public health, and the public health industry needs practitioners trained in population and spatial science. Access to services, social attitudes and the history of health care in a community are all linked to health outcomes. Understanding these factors means a public health practitioner can target the right areas to effect the greatest change in a community.

WHAT YOU WILL LEARN
You will learn topics including population studies; planning and managing a health program or project; understanding the health of populations; health promotion; and skills in obtaining, reviewing and analysing health information. You’ll focus on topics in human geography and spatial science to better understand how populations, habitats and health affect each other.

CAREERS
Population and community analysis is an important part of the work of Federal, State and Local governments, especially in planning health and community projects. Many jobs associated with these disciplines are project-based.
This kind of planning and environment work combines a great deal of data collection and analysis with significant community consultation. This requires a mix of scientific approaches and good people skills.
Skills in geographic planning analysis are also in demand in commercial and government research firms.

Health Communication & Marketing Strategies

Communications and marketing are essential to health campaigns. Communications experts are trained to execute health programs—starting conversations with people and giving them the information they need to improve their health.
The success of many public health projects relies on educating the public and having them modify their behaviours to improve their health. Public health projects compete against multimillion dollar entertainment and advertising for people’s attention, so their campaigns need to be targeted and exceptionally well produced to be effective.

WHAT YOU WILL LEARN
You’ll study health promotion; social marketing and health communication; planning and managing a health program or project; understanding the health of populations; and skills in obtaining, reviewing and analysing health information. You’ll learn marketing skills covering consumer behaviour and social marketing, as well as theoretical insight into audiences and how they react to different media.

CAREERS
Communications experts will mostly work on health projects, with relatively few positions available with health care providers.
Job opportunities include media and communications advisers, for example, with nongovernment organisations such as the Cancer Council.
The work combines marketing, communications and public relations, and you’ll work with advertisers and researchers. You’ll also work closely with journalists.
Work in media and communications is typically fast-paced, and larger projects are characterised by long research and planning phases followed by intense ‘crunch’ times. It suits people who enjoy being presented with new challenges all the time.

PUBLIC HEALTH NUTRITION

Diet and nutrition have become increasingly important for the Australian population and public health nutrition is growing in recognition as an area of expertise globally.
The Bachelor of Public Health Nutrition meets the needs of students who are interested in working in health promotion and other public health nutrition roles, especially the development, management and evaluation of community-based nutrition and food policy programs, advocacy to support nutrition at a community and public health level. It combines public health approaches with a sound understanding of the science of nutrition.

CAREERS
Career options include:
- Community nutritionist
- Health promotion officer, with particular emphasis on nutrition programs
- Government based positions with an emphasis on health promotion, lifestyle interventions and nutrition
- Food and health regulatory positions

Other future degree directions include:
- Honours
- Master of Public Health
- Master of Science (Nutrition and Dietetics)
Toby Dawson is the public voice of Cancer Council NSW’s Southern Region—providing expert comment on cancer-related topics affecting communities in the area from Helensburgh in the north, south to the Victorian border and west to Yass.

As Southern Region Manager he’s responsible for developing and implementing the organisation’s strategic direction and vision and managing high-level stakeholder relationships.

Toby, who was born and bred in Wollongong, is studying towards a Bachelor of Public Health degree at UOW after enrolling in 2003. He joined the Cancer Council’s Wollongong office in 2010 as Regional Programs co-ordinator for the Southern Region and was appointed manager at the start of 2012.

“As co-ordinator I was working with different stakeholders in various communities to provide information and support to patients with cancer, providing prevention programs and lobbying governments to introduce such things as a smoke free policy, for example. It was very frontline.

“Now, as manager I’m co-ordinating 14 people to contribute to an even greater impact in the fight against cancer. There’s a lot of job satisfaction.

“We have had some huge achievements in this region. We’ve recruited more schools to the SunSafe Primary Schools program than we ever have before and pioneered quite a lot of different programs and events.”

Toby says studying Public Health at UOW prepared him well for his career with the Cancer Council.

“The theoretical side of the degree was pretty much reflected in everything I did when I started working with Cancer Council. The regional programs co-ordinator role was pretty much the degree in a job. We were doing everything from the program development and design right through to community engagement. We were evaluating, we were using the epidemiological skills and we were advocating at various levels of government, so it was really the practical realisation of the theory that we were taught at UOW.

“If you are interested in a health, social justice or ‘giving-back’ sort of career or life I think that the Bachelor of Public Health degree gives you the basis to launch into anything that you want. You can end up anywhere.”

**GRADUATE SCHOOL OF MEDICINE (GSM)**

**BACHELOR OF MEDICINE BACHELOR OF SURGERY (MBBS)**

**ATAR**

Graduate Entry only

**DURATION**

4 years

**STARTS**

Late January – early February

**ENTRY**

Completed recognised Bachelor degree (any area of study) with minimum GPA 5 on 7-point scale. GAMSAT exam with minimum 50 in all sections or MCAT exam with overall score 24 and ‘M’ in written sample (international students only); portfolio and interview.

**NB: Bachelor degrees must have been awarded within 10 years of application to MBBS. GAMSAT and MCAT exam results must not be over two years old at time of application.**

**VISIT**

smah.uow.edu.au/gsm

The GSM, which is a school of the Faculty of Science, Medicine and Health, offers a 4 year programme of study available to strong graduates from UOW and all other ratified universities across Australia.

Medicine is potentially one of the most exciting and challenging of all professions. The Bachelor of Medicine Bachelor of Surgery (MBBS) aims to produce knowledgeable, caring and competent graduates, well prepared to practise medicine under supervision as interns, and subsequently to commence postgraduate vocational training in any area of medicine.

The Graduate School of Medicine (GSM) encourages applications from high performing students from a diverse range of backgrounds to apply. No preference is given to any particular undergraduate degrees. You will be required to perform well in whatever area of undergraduate degree you choose in addition to undertaking the Graduate Australian Medical School Admission Test (GAMSAT) prior to entry.

Strong skills in reasoning as well as written and oral expression will be important. When selecting subjects for the Higher School Certificate (HSC) or tertiary studies you should undertake subjects which will help to develop these skills. You may wish to consider chemistry, physics or biology to help you achieve a reasonable level of scientific understanding which will be required for the GAMSAT. It is also important for you to undertake HSC or secondary studies subjects which meet the requirements for entry into your desired undergraduate degree.