

Journal Articles related to Help seeking, gate-keepers and barriers to treatment

1. Sheppard, R., Deane, F. P., & Ciarrochi, J. (2018). Unmet need for professional mental health care among adolescents with high psychological distress. *Australian and New Zealand Journal of Psychiatry*, 52(1), 59-67. DOI: 10.1177/0004867417707818
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<http://onlinelibrary.wiley.com/doi/10.1111/eip.12281/epdf>
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<http://doi.org/10.1016/j.cpr.2013.12.001> (IF = 6.696)
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