
DIET961: Research Project in Nutrition and Dietetics

Subject Outline

18 credit points

Subject Information

DIET Annual, 2026, Wollongong
On Campus

On-Campus Delivery This subject is delivered in-person and includes on-campus or other location-based learning activities that cannot be undertaken by students studying Online/Distance. Students unable to attend campus or any other nominated physical delivery location should not enrol in this subject

Subjects with a delivery mode of On Campus and/or Flexible with International Student enrolments will be delivered in accordance with the ESOS National Code. That is, online learning experiences (such as lectures, tuition, and resources) will be supplementary to in-person learning experiences such as scheduled classes and/or scheduled contact hours.

UOW may need to modify teaching locations, teaching delivery, and assessment delivery at short notice in response to unforeseen circumstances such as health or environmental factors.

For up-to-date information please refer to your subject's Moodle site.

The Faculty of Science, Medicine and Health

The Faculty of Science, Medicine and Health offers a range of undergraduate and postgraduate programs designed to meet the needs of a diverse student population. We carry out world-leading research which is strongly aligned with our teaching program

As a student of our faculty, you will be actively engaged in learning with extensive clinical, laboratory and/or field work experiences, use of advanced educational technologies and opportunities for enriching work experience. More information about the Faculty of Science, Medicine and Health and our School is available on our web pages: <https://www.uow.edu.au/science-medicine-health/>

Within many of our courses, attending a workplace experience or clinical placement is an exciting part of your course program. Whilst integral to your learning, these health-related placements also let you experience what it's like to work as a professional in real-life workplace settings. More information about requirements for Health Placements is available on our webpage: <https://www.uow.edu.au/student/health-placements/>

Teaching Staff

Teaching Role	Coordinator
Name	Dr Sophie Chen
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Email	sophiec@uow.edu.au
Room	41.226
Consultation Times	Email for an appointment

Expectations of Students

UOW values are intellectual openness, excellence and dedication, empowerment and academic freedom, mutual respect and diversity, recognition and performance. We will provide a safe, equitable and orderly environment for the University community, and expect each member of our community to behave responsibly and ethically ([Student Conduct Rules](#)).

We expect that students demonstrate these values and professional behaviour, both face to face and online, making genuine efforts to complete their studies successfully, arriving on time to class, taking part constructively in class discussions and activities, demonstrating appropriate professional and ethical conduct in all communication with UOW staff and community members, and submitting assignments on time (or completing a request for Academic Consideration in advance if needed).

Guiding Communication Principles for Students

Moodle Announcements will be the primary platform for communication of general information to students

- Students should ensure they regularly check the main announcements forum at the top of each subject's Moodle site. Information distributed via a Moodle Announcement MAY not be duplicated on any other forum on the Moodle site.
- Moodle Discussion forums pertinent to specific assignments will be used but will not replace or be used for overarching subject announcements.
 - Assignment discussion forums for specific assignments will be clearly labelled in the forum description to identify the purpose of the forum (e.g. 'Please ask any questions you have about Assessment Task 1 in this discussion forum') - students should check and ask any assignment questions on these forums and not through email.
 - The Moodle assignment discussion forums should always be used in the first instance when inquiring about assessment tasks.
- It is the student's responsibility to check all subject Moodle sites regularly for information and notifications.

SOLS messages will be used for all central communication relating to the following:

- Administrative matters relating to student enrolment
- Critical information relating to course or subject, e.g. Changes to assignments, policy updates, class cancellations or changes
- Timetable information
- Security and emergency information
- Students are encouraged to check SOLS messages daily as these messages are often of high priority

SOLS and Moodle announcements can NOT be responded to.

Appropriate Online Behaviour

The University is committed to providing a safe, respectful, equitable and orderly environment for the University community, and expects each member of that community to behave responsibly and ethically. Students must comply with the University's [Student Conduct Rules](#) and related policies including the [IT Acceptable Use Policy](#) and [Bullying Prevention Policy](#), whether undertaking their studies face-to-face, online.

For more information on appropriate communication and etiquette in the online environment please refer to the guide [Online and Email Etiquette](#).

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Commonwealth of Australia

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Hardcopies of this document are considered uncontrolled please refer to your Moodle site for the latest version.

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Section A: General Information

Learning Outcomes

Subject Learning Outcomes

On successful completion of this subject, students will be able to:

1. Collect, organise and assess data relating to the health and nutritional status of individuals, groups and/or populations
2. Review and critically evaluate relevant literature to identify gaps in research and provide context to research findings
3. Integrate reflective practice techniques to articulate the application of your research findings to practice
4. Identify assumptions and limitations and evaluate adequacy of approach
5. Demonstrate skills in project management as a member of a team-based research collaboration
6. Extend on knowledge in a specific area of research and communicate research findings orally and in writing
7. Explain how your research addresses the United Nations Sustainable Development Goals

Subject Description

This subject is designed to provide students with the skills to demonstrate excellence in research in an area of Nutrition and Dietetics with a clear understanding of a research question in relation to the current knowledge. Students will be able to plan, design and perform a research project, collect, analyse and evaluate data, synthesise results and integrate with the relevant ideas and concepts, communicate findings and work within WHS and ethical requirements.

Course Handbook

Information about subject pre-requisites, co-requisites and restrictions as well as course completion requirements and Course Learning Outcomes can be found in the [Course Handbook](#).

Subject Details: Practical Activities, eLearning, Readings and Materials

Subject eLearning

The University uses the eLearning system Moodle to support all coursework subjects. The subject Moodle site can be accessed via your SOLS page.

Safety Guidelines

The rules below are general rules that are required when participating in labs or practical activities. Before commencing these activities you are to ensure that you understand specific procedures and policy related to safety.

- All first year students undertaking Chemistry (CHEM101/102/104/105) must complete the Moodle WHS Induction (see the subject Moodle site for more details below)
- Before commencing any activity you are to ensure that you understand specific procedures and policy related to the lab in which you work and safety in general.
- You may need to review a Risk Assessment and complete a Participant Acknowledgement form before commencing any experiments/practical work. These materials will be made available by the lab supervisor/Subject Coordinator.
- You must inform the Subject Coordinator of any medical conditions which may impact upon your ability to participate in these activities before commencing the practical.
- All Reasonable Adjustment cases (Access Plans) must be discussed with the Subject Coordinator prior to commencing the activity.

- Participation in the lab/practical/field/simulation activities may be denied to students who do not abide by these, and other conditions which may be specified by the Subject Coordinator.
- Never use any equipment or attempt any experiment without checking the safety implications with your laboratory supervisor or experienced delegated laboratory worker.
- Undergraduate students are not permitted to work after hours unless there is appropriate approval and supervision.

PROFESSIONAL Work Integrated Learning

This subject has 'Professional WIL'. Students in this subject will spend substantial time in a workplace and receive guidance, supervision and feedback from a workplace supervisor.

Additional Subject Details

Students will be expected to meet regularly with project supervisors. This will include supervisors at sites external to the University of Wollongong.

It is recommended that you plan for weekly meetings in your first research block and then plan requirements for future blocks.

It is a good idea to have the first meeting scheduled for your next research block before returning to placement.

Additional online workshops on relevant content are planned for 2026.

These will include times and dates and times communicated via the Moodle site:

- Writing a research proposal
- Critical Thinking, Reflection, Ethics & GenAI
- **3 minute individual presentations, with Q & A on your research***
- Introductory statistical analysis
- Introductory qualitative analysis
- **Writing a research report and a research presentation***

*** These two tutorials are for 2 hours and are compulsory**

Key Dates

Notification of Projects	Spring session the year prior
Submission of ethics application (where applicable)	As discussed with supervisor, if your research supervisor has not submitted an ethics application to the ethics committee by February 2026, please contact Dr Sophie Chen via email
Compulsory on campus workshop Research Block 1** Research Block 2 **	Friday, 16th January 2026; 9.30-3pm in 29.G10. Commences 19th January 2026 Commences 23rd February 2026
Online workshops (including 2 compulsory sessions)	These details will be included on the subject Moodle site
Research Agreement Ethics Training Certificate	Due end of Week 2 of Research Block 1
Written Proposal Research Block 1 Research Block 2	Friday 20th February 2026 (By 5pm) Friday 27th March 2026 (By 5pm)
MID SESSION BREAK	Mid-Year Recess 8th June – 19th June 2026
Submission of Research Report	2nd October 2026 (1 st research group) or 6th November 2026 (2 nd research group) (By 5pm)

Supervisors Report	Friday 6 th November 2026 (By 5pm)
Presentation Slides	Monday 9 th November 2026 (By 5pm)
Final Presentation	Tuesday 10th & Wednesday 11th November 2026 (both days are compulsory on campus) (8.30am-5pm)

**** It is expected that students will be responsible for coordinating meetings with their supervisor, as per their completed research agreement.**

Coursework Requirements

The UOW Master of Nutrition and Dietetics Honours program is a two-year degree with an intensive one-year final course of study designed to enhance the research skills and dietetic practice of postgraduate dietetic students. It consists of a research project carried out under supervision in the Nutrition and Dietetics discipline in the of School of Medical, Indigenous and Health Sciences and generic skills training in project management, communication, occupational health and safety and library search skills.

You will work nearly full time (approximately 3.5 days per week, acknowledging the time also required for MEDI985 in your research blocks) on your research project when you are not scheduled to attend dietetic placement (subject DIET954) and by the end of the year it is expected that you will have learnt from first-hand experience how to formulate questions, design and conduct studies, analyse and evaluate data, write a scientific paper/report and present your findings. This research, placement and allied health practice focused year adds value to your degree, substantially broadening your skills-base and providing much enhanced career and employment prospects.

Online Tutorials

Date & Time	Block	Group	Topic
TBA	1	1	Preparing a research proposal
TBA	1	2 (Repeat)	Preparing a research proposal
TBA	1	1	Critical Thinking, Reflection, Ethics & GenAI
TBA	1	2 (Repeat)	Critical Thinking, Reflection, Ethics & GenAI
TBA	2	1	3 minute individual presentations, with Q & A of your research*
TBA	2	2 (Repeat)	3 minute individual presentations, with Q & A of your research*
TBA	3	1	Introductory Qualitative Analysis
TBA	3	2 (Repeat)	Introductory Qualitative Analysis
TBA	3	1	Introductory Statistical Analysis
TBA	3	2 (Repeat)	Introductory Statistical Analysis
TBA	4	1	Report Writing Research Presentations*
TBA	4	2 (Repeat)	Report Writing & Research Presentations*

***These tutorials are 2 hours in length and are compulsory**

Using Generative Artificial Intelligence (GenAI)

UOW is committed to embracing gen AI as a tool to enhance learning and development of important digital and work-readiness skills.

Your subject coordinator will provide specific guidance on the use of gen AI in your assessment tasks via your Subject Outline and/or your subject Moodle site. If gen AI use is permitted, it should be used thoughtfully, critically, and in ways that support your own learning.

Guidance on appropriate use of AI in assessments, including how to [acknowledge GenAI](#) can be found on the [Using Generative Artificial Intelligence in Assessment website](#)

You are responsible for all work you submit, and ethical use of gen AI is an important part of maintaining academic integrity. Misuse or unauthorised use may breach the [Academic Integrity Policy](#).

Major Text(s)

The following text is prescribed for this subject, but students are not expected to purchase this. Copies of this text are available to students through the library on the subject Moodle site.

O’Leary Z (2021) *The Essential Guide to Doing Research*, 4th ed, SAGE Publications: London, UK. If there is a textbook available for purchase, you can find the details at University Bookshop <https://unishop.uow.edu.au/>

Recommended Readings and Other Resources References to compliment the prescribed readings and textbooks are available to students through the library and, on the subjects Moodle site, and via their supervisors.

If there is a textbook available for purchase, you can find the details at University Bookshop <https://unishop.uow.edu.au/>

Additional Materials

Students may be required to access Foodworks Online, Jamovi, NVivo, Qualtrics for their research. Please discuss this with your supervisor or subject coordinator as free access is available for UOW students.

Lectures, Tutorials and Attendance Requirements

This is a block delivered subject. Full details are provided on the Moodle site and earlier in this subject outline. These include the compulsory workshop day (Friday 16th January 2026), online webinar program (including 2 compulsory sessions) and the research presentation days.

Recording of Teaching and Learning Activities

The University of Wollongong supports the recording of UOW educational content as a supplemental study tool, to provide students with equity of access, and as a technology-enriched learning strategy to enhance the student experience.

If you make your own recording of a lecture, class, seminar, workshop or any other educational session provided as part of your course of study you can only do so with the explicit permission of the lecturer and those people who are also being recorded.

You may only use educational content recorded through the delivery of subject or course content, whether they are your own or recorded by the university, for your own educational purposes. Recordings cannot be altered, shared or published on another platform, without permission of the University, and to do so may contravene the University's Copyright Policy, Privacy Policy, Intellectual Property Policy, IT Acceptable Use Policy and Student Conduct Rules. Unauthorised sharing of recordings may also involve a breach of law under the Copyright Act 1969.

Most lectures in this subject will be recorded, when they are scheduled in venues that are equipped with lecture recording technology and made available via the subject Moodle site within 48 hours.

Your Privacy - Recording of Teaching and Learning

In accordance with the Student Privacy & Disclosure Statement, and Lecture Recording Procedures when undertaking our normal teaching and learning activities, the University may collect your personal information. This collection may occur incidentally during the recording of lectures in equipped venues (i.e. when your identity can be ascertained by your image, voice or opinion), or via the delivery of online content therefore the University further advises students that:

- Lecture recordings are made available to students, university staff, and affiliates, securely via the Learning Platform;

- Recordings are made available only for the purpose for which they were recorded, for example, as a supplemental study tool or to support equity and access to educational resources;

If you have any concerns about the use or accuracy of your personal information collected in a lecture recording, you may approach your Subject Coordinator to discuss your particular circumstances.

The University is committed to ensuring your privacy is protected. If you have a concern about how your personal information is being used or managed, please refer to the University's Privacy Policy or consult our Privacy webpage <https://www.uow.edu.au/privacy/>

Recent Improvements to Subject

The Faculty of Science, Medicine and Health is committed to continual improvement in teaching and learning and takes into consideration student feedback from many sources including, direct student feedback to tutors and lecturers and responses to the Subject and Course Evaluation Surveys. Feedback is also used to inform comprehensive reviews of subjects and courses.

In assessing teaching and learning practices in a subject, the Faculty takes into consideration student feedback from many sources. These sources include direct student feedback to tutors and lecturers, feedback through Science, Medicine and Health Central, responses to the Subject and Course Evaluation Surveys. These important student responses are used to make ongoing changes to subjects and courses. This information is also used to inform systemic comprehensive reviews of subjects and courses.

Based on student feedback, additional non-compulsory (and two compulsory) workshops are planned for 2026. The previous research blog and visual abstract have been changed to an e-poster.

The oral research proposal that was in addition to the written proposal has been removed so that the focus in the first five weeks is the review of the literature and project so as to compile the written proposal.

Extraordinary Changes to the Subject Outline

In extraordinary circumstances the provisions stipulated in this Subject Outline may require amendment after the Subject Outline has been distributed. All students enrolled in the subject must be notified and have the opportunity to provide feedback in relation to the amendment, where practicable, prior to the amendment being finalised.

Learning Analytics

Learning Analytics data (such as student engagement with Moodle, access to recorded lectures, University Library usage, task marks, and use of SOLS) may be used by the Subject Coordinator and your faculty's Head of Students to assist in analysing student engagement, and to identify and recommend support for students identified who may be in need of assistance. If you have questions about the kinds of data the University uses, how we collect it, and how we protect your privacy in the use of this data, please refer to <https://www.uow.edu.au/privacy/>

Section B: Assessment

Acknowledgement of GenAI

You must acknowledge any GenAI use via a declaration (see example below) and outline GenAI prompt histories in an appendix to your assessments.

Please read the student guidance available on how to use GenAI ethically and critically, equally recognising its capabilities and limitations. Note: Many GenAI technologies collect information in ways that breach privacy and data protection provisions, particularly where the source material is confidential or subject to copyright.

To protect your data and the ethics requirements you may only upload data to the UOW approved version of Copilot. This tool is covered by commercial data protection and is not sharing the data more widely, which would breach ethics requirements and publication rights. The UOW version of Copilot can be accessed via: <https://uow.libguides.com/microsoft-copilot-for-study-and-research/using-microsoft-copilot>

Unacknowledged GenAI use and/or unethical GenAI use is considered academic misconduct which can result in severe penalties. More information about how UOW manages academic misconduct can be found here:

<https://www.uow.edu.au/about/governance/academic-integrity/students/misconduct/>.

Declaration example: “In preparing this assessment, I used [Copilot] for [insert purpose e.g. formatting}. The intellectual content, data analysis, and interpretation presented in this work are entirely my own. Any text generated with the assistance of artificial intelligence was critically reviewed, edited and verified by me to ensure accuracy and integrity. This declaration is made in accordance with the University of Wollongong’s Academic Integrity Policy, which requires transparency in the use of generative AI tools. I take full responsibility for the originality and scholarly integrity of the submitted work. My GenAI prompt histories. Due dates of assessment items are below:

Assessment Summary

Assessment Item	Form of Assessment	%
Assessment 1	Proposal	15%
Assessment 2	Report	10%
Assessment 3	Presentation	10%
Assessment 4	Artefact/Resource	10%
Assessment 5	Report	55%
TOTAL MARKS		100%

Please note: Copies of student work may be retained by the University in order to facilitate quality assurance of assessment processes.

Assessment 1: Proposal - Written Proposal - Hurdle Assessment

Marking Criteria	The marking criteria will be made available on the Moodle site by week 1 of session. In brief, the following criteria will be used: 1. Brief overview of the literature and adequate description / rationale for the project 2. Clear hypothesis and/or aims 3. Appropriate and feasible study design 4. Clear, concise and appropriate explanation of methods of data collection and analysis 5. Appropriate understanding of ethical considerations (if relevant) and 6. Relationship to the UN SDGs
Length	1000 words maximum There is no 10% buffer Due by 5pm Friday on Week 5 of your 1st research block even if your Professional Interest Experience is in Block 1.
Weighting	15%

Assessment Due	Friday 20 th February 2026 Research Group 1 Friday 27 th March 2026 Research Group 2 Final submission time: 5:00pm
Type of Collaboration	Individual assessment
Style and format	1000 words – there is no 10% buffer
Generative AI use	Yes, but only in formatting your budget and timeline sections. This is your written research proposal, a core outcome of the subject, so the written text and reference list must all be your own work. Please see further guidance above, under the heading ‘Section B: Assessment’ If you are unsure about the use of GenAI in this assessment task you should speak to your supervisor or subject coordinator.
Assessment submission	Online via Moodle This assessment task has been set up to be checked by Turnitin, a tool for checking if it has unreferenced content. You can submit your assessment task to Turnitin prior to the due date and Turnitin will give you an originality report. You can then make any changes that may be required and re-submit your final version by the due date.
Assessment return	Within 15 working days of submission date
Detailed information	A marking rubric will be available via Moodle by the end of the first 1st week of your research block. Students were provided with a research project concept at the end of 2025. Students should prepare the proposal in consultation with their project supervisors.

Assessment 2: Report - Supervisors Report - Hurdle Assessment

Marking Criteria	The academic supervisor of the student will be asked to comment on progress of the student throughout the year. The supervisor will consider the following when making the assessment: the ability of the student to work independently, and as a member of a research team, communicate effectively about their research journey at meetings, the standard of work submitted, the student’s contribution to knowledge in their field and overall professional management of the project.
Length	Standard template provided to Supervisors by the Subject Coordinator
Weighting	10%
Assessment Due	The primary supervisor is asked to submit this by Friday 6th November 2026
Type of Collaboration	Individual assessment
Style and format	Written
Generative AI use	No. This report is completed by your primary academic (university) supervisor.
Assessment submission	An electronic copy of the assessment will be emailed by the supervisor to the subject coordinator. The primary supervisor is asked to submit by Friday 6 th November 2026.
Assessment return	This report will not be returned to the student. Ask your supervisor for specific feedback
Detailed information	The primary/academic supervisor of student will be asked to comment on progress of the student throughout the year.

Assessment 3: Presentation - Final Presentation - Hurdle Assessment

Marking Criteria	<p>1. Clearly articulates an overview of the research undertaken, outlining the rationale, aim and objectives, methods, discussion, practice recommendations and conclusion</p> <p>2. Is presented in a mature manner without use of notes using prompts from slides only</p> <p>3. Audience questions are answered correctly and confidently</p> <p>4. Reference to the appropriate UN SDGs</p> <p>Marks will be deducted for the use of palm cards or notes.</p>
Length	The final presentation will be 12 minutes + 5 minutes for questions.
Weighting	10%
Assessment Due	Online submission of slides via Moodle by 5pm on Monday 9 th November 2026 and presented on either the 10th-11th November 2026 (8.30-5pm). Both days are compulsory.
Type of Collaboration	Individual assessment
Generative AI use	<p>Yes, but only in formatting your presentation. This is your final research presentation, a core outcome of the subject, so the text, analyses and reference list must all be your own work.</p> <p>Please see further guidance above, under the heading ‘Section B: Assessment’</p> <p>If you are unsure about the use of GenAI in this assessment task you should speak to your supervisor or subject coordinator.</p>
Assessment submission	Online via Moodle
Assessment return	Marks will be available when the final subject grade is released. Feedback can be obtained on request
Detailed information	<p>Students will provide an oral presentation of their research addressing (but not limited to):</p> <ul style="list-style-type: none"> • What is the problem (background/rationale/aims) • What does your project say about the problem? (study design/data analysis/results) • What are the limitations of the research? <p>What is the significance of the research? Reference to the appropriate UN SDGs and application to practice</p> <p>The marking rubric will be included on the Moodle site by the end of week 1 of your 1st research block</p>

Assessment 4: Artefact/Resource - Research e-Poster Presentation

Marking Criteria	<p>The Research e-Poster will:</p> <ol style="list-style-type: none"> 1. Clearly articulate an overview of the research undertaken 2. Meets design specifications and requirements 3. Be readable and has logical arrangement and appropriate use of colour and graphics 4. Integrate the relevant UNSDGs 5. Addresses the key components as outlined on the Moodle site.
Length	A template will be available on the Moodle site by the end of week 1 of the 1st research block
Weighting	10%
Assessment Due	The task is due by 5pm on Monday 9th November 2026,
Type of Collaboration	Individual assessment

Style and format	Further details will be available on the Moodle site.
Generative AI use	Yes, but only in formatting your research e-poster presentation. This is a core outcome of the subject, so the text, analyses and reference list must all be your own work. Please see further guidance above, under the heading ‘Section B: Assessment’ If you are unsure about the use of GenAI in this assessment task you should speak to your supervisor or subject coordinator.
Assessment submission	Online via Moodle
Assessment return	Marks will be available when the final subject grade is released. Feedback can be obtained on request
Detailed information	The marking rubric will be included on the Moodle site by the end of week 1 of your 1st research block.

Assessment 5: Report - Research Report - Hurdle Assessment

Marking Criteria	The marking criteria will be made available on the Moodle site by the end of week 1 of your first research block. In brief, marks will be allocated for: 1. Theoretical grounding and demonstration of an adequate understanding of the field of research 2. Internally consistent presentation of abstract, introduction, aim/s, methods, results, discussion and conclusion 3. Adequate development or argument, defensible results interpretation, and use of the literature 4. Sound recommendations and provision of direction for future work and application to practice 5. Appropriate and Consistent Referencing
Length	4000 words (maximum) for Quantitative studies. Qualitative studies (including reviews) can be up to 5000 words. The word count excludes the abstract, tables, figures, appendices, and reference lists. There is no additional 10% allowance for this assessment.
Weighting	55%
Assessment Due	Due 5pm on the Friday of your last research block
Type of Collaboration	Individual assessment
Style and format	Written document
Generative AI use	Yes, but only in formatting your tables, figures and the report. This is your final research report, a core outcome of the subject, so the written text, analyses and reference list must all be your own work. Please see further guidance above, under the heading ‘Section B: Assessment’ If you are unsure about the use of GenAI in this assessment task you should speak to your supervisor or subject coordinator.
Assessment submission	Online via Moodle This assessment task has been set up to be checked by Turnitin, a tool for checking if it has unreferenced content. You can submit your assessment task to Turnitin prior to the due date and Turnitin will give you an originality report. You can then make any changes that may be required and re-submit your final version by the due date.

Assessment return	Marks will be available when the final subject grade and mark is released. Feedback can be obtained on request.
Detailed information	Students will conduct the project proposed in Assessment 1. Reports will be written in the form of a manuscript. The details are included on Moodle. In brief the report will use the same headings outlined in the journal requirements for 'Nutrition and Dietetics' ie a structured abstract, introduction, methods, results, and discussion sections. The marking rubric will be included on the Moodle site by the end of week 1 of your 1st research block

Additional Assessment Information

Rubrics will be available on the Moodle site.

Online workshops will be held to supplement the preparation for each of these assessment tasks.

Minimum Requirements to Pass this Subject

Students should note that UOW equates 1 credit point to around 1.5 - 2 hours of study per week, including lectures and tutorials/workshops/data collection, self-directed study and work on assessment tasks. For example, in a 6 credit point subject requires that students commit about 9 - 12 hours study a week, including attendance at lectures and tutorials.

This is an 18 credit point subject. You will work nearly full time (approximately 3.5 days per week, on your research project when you are **not scheduled** to attend dietetic placement (subject DIET954, that includes the Professional Interest Experience). You need to allow up to 1.5 days per week when on research block (on average) to complete DIET985: Allied Health Practice.

By the end of the year it is expected that you will have learnt from first-hand experience how to formulate questions, design and conduct studies, analyse and evaluate data, write a scientific paper/report and present your findings. As a result of this experience, the research year adds value to your basic degree, substantially broadening your skills-base and providing much enhanced career and employment prospects.

To receive a clear pass in this subject a total mark of 50% or more must be achieved. In addition, failure to meet any of the minimum performance requirements is grounds for awarding a Technical Fail (TF) in the subject, even where total marks accumulated are greater than 50%.

The minimum performance requirements for this subject are:

- attempt all assessment tasks
- pass all assessment tasks
- meet the minimum participation requirements set out below.

Students must meet the requirements of their supervisory agreement that is negotiated with their supervisor upon commencement of the research year as a minimum attendance requirement.

Student attendance at the introductory workshop (Friday 16th January 2026), on site research study requirements, two outlined compulsory online webinars* and the final presentation days (Tuesday 10th & Wednesday 11th November 2026) are compulsory.

For further details about applying for academic consideration visit the Student Central webpage: <http://www.uow.edu.au/student/central/academicconsideration/index.html> Students are required to attend set classes throughout the year. It is the responsibility of the student to coordinate appropriate meetings with their project supervisor.

Absences will require the submission of an application for Academic Consideration via SOLS and the presentation of suitable documentation, for example a Medical Certificate, to Student Central as soon as practical. For further details about applying for academic consideration visit the Student Central webpage: <http://www.uow.edu.au/student/central/academicconsideration/index.html> Students are required to attend set classes throughout the year. It is the responsibility of the student to coordinate appropriate meetings with their project supervisor.

Hurdle Assessment

Subjects may include a hurdle assessment. A hurdle assessment is an assessment that requires a minimum level of performance as a condition for passing the subject. Examples include, achievement of a pass grade or above in a skills-based assessment or final examination. Hurdle assessments are applied to subjects to ensure students:

1. meet learning outcomes
2. demonstrate you can complete a task safely and/or meet professional standards.

For more on hurdle assessments see the Assessment and Feedback Policy [Section 8: Hurdle Assessments \(50-51-52\)](#). Failure to meet a hurdle assessment requirement may constitute grounds for the award of a Technical Fail (TF) grade in this subject.

Should this subject contain a hurdle assessment, it will be stated under the specific assessment in Section B: Assessments.

UOW Grade Descriptors

The UOW Grade Descriptors are general statements that communicate what our grades represent, in terms of standards of performance, and provide a frame of reference to ensure that assessment practice across the University is appropriate, consistent and fair. Grade Descriptors are expressed in general terms so that they are applicable to a broad range of disciplines. Grade Descriptors are available here <https://www.uow.edu.au/student/exams/results/>. For more information on the UOW grade descriptors refer to the Teaching and Assessment: Assessment and Feedback Policy: [Teaching and Assessment: Assessment and Feedback Policy](#)

Assessment Learning Outcome Matrix

Learning Outcomes	Measures - Assessment weighting				
	Written Proposal - Hurdle Assessment <i>(15%)</i>	Supervisors Report - Hurdle Assessment <i>(10%)</i>	Final Presentation - Hurdle Assessment <i>(10%)</i>	Research e-Poster Presentation <i>(10%)</i>	Research Report - Hurdle Assessment <i>(55%)</i>
Collect, organise and assess data relating to the health and nutritional status of individuals, groups and/or populations	✓	✓	✓	✓	✓
Review and critically evaluate relevant literature to identify gaps in research and provide context to research findings	✓	✓	✓	✓	✓
Integrate reflective practice techniques to articulate the application of your research findings to practice	✓	✓	✓	✓	✓
Identify assumptions and limitations and evaluate adequacy of approach	✓	✓	✓	✓	✓
Demonstrate skills in project management as a member of a team-based research collaboration	✓	✓	✓	✓	✓
Extend on knowledge in a specific area of research and communicate research findings orally and in writing	✓	✓	✓	✓	✓
Explain how your research addresses the United Nations Sustainable Development Goals	✓		✓	✓	

Submission, Retention and Collection of Written Assessment

Assessed work must be handed in by the date and time listed under each assessment task. All assessment tasks must represent the enrolled student's own ORIGINAL work and must not have been previously submitted for assessment in any formal course of study.

Extensions

Students requesting an extension of time to submit an assessment task, deferred exam or exemption of a compulsory attendance requirement, must apply using Academic Consideration through SOLS. Students must apply before, or on the assessment/s due date and where evidence is required, students must provide evidence no later than three working days after the assessable item's due date for their request to be considered. **For information on the Academic Consideration Policy, eligibility requirements and how to apply, see:** <https://www.uow.edu.au/student/admin/academic-consideration/>

Late Submission of Assessment Tasks and Penalties

Assessed work must be submitted in by the date and time given. If an assessment is submitted late, it will be marked in the normal way, and a penalty will then be applied.

In the absence of an approved request for Academic Consideration in the form of an extension, assessment tasks must be submitted in line with the assessment instructions.

- An assessment task that is submitted late will receive a penalty of 5% of the total possible marks for each 24-hour period, or part thereof, that it is late.
- Work submitted after seven calendar days will not be marked and will be given a mark of 0.
- No assessment task can be handed in for a mark once the assessment task has been returned to students.
- Penalties accrue on each day that the assessment task is late, including Saturday, Sunday and public holidays

Note: Assessments must still be submitted to meet minimum performance requirements even though no mark is to be awarded.

Collection

Students will be notified when they can collect or view their marked assessment. In accordance with University Policy marked assessments will usually only be held for 21 days after the declaration of marks for that assessment.

Retention

The university may retain copies of student work in order to facilitate quality assurance of assessment processes, in support of the continuous improvement of assessment design, assessment marking and for the review of the subject. The University retains records of students' academic work in accordance with the University Records Management Policy and the State Records Act 1988 and uses these records in accordance with the University Privacy Policy and the Privacy and Personal Information Protection Act 1998.

Scaling

Marks awarded for any assessment task or part of any assessment task, including an examination may be subject to scaling at the end of the session. Marks will be scaled only when unpredicted circumstances occur and in order to ensure fairness of marking across groups of students. The method of scaling will depend on the type of scaling required by the circumstances. When scaling is deemed necessary, it will follow a detailed consideration by the Unit Assessment Committee and/or the Faculty Assessment Committee of the marks of the group of students concerned. Scaling will not affect any individual student's rank order within their cohort. For more information please refer to [Finalisation of Student Results Policy](#) for details.

Supplementary Assessment

Supplementary assessment may be offered to students whose performance in this subject is close to that required to pass the subject, and are otherwise identified as meriting an offer of a supplementary assessment. For information about eligibility criteria and the form and timing of supplementary assessments see the [Supplementary Assessment Procedure](#)

Review and Appeal of Academic Decisions

A student may request an explanation of a mark for an assessment task or a final grade for a subject consistent with the student's right to appropriate and useful feedback on their performance in an assessment task. A student may also seek further explanation for other academic decisions such as Academic Consideration, Supplementary Assessment or Credit for Prior Learning. If a student is not satisfied with the explanation, or have further concerns, they may have grounds for a formal review. For further information refer to [Review and Appeal of Academic Decisions Policy](#)

Assessment Quality Cycle

The UOW Assessment Quality Cycle provides a level of assurance that assessment practices across the University are appropriate, consistent and fair. Quality assurance activities are undertaken to support the continuous improvement of assessment and promote good practices in relation to assessment design, marking and review of the subject prior to subsequent delivery.

Academic Integrity

The University's Academic Integrity Policy, faculty handbook and subject guides clearly set out the University's expectation that students submit only their own original work for assessment and avoid plagiarising the work of others or cheating. Re-using any of your own work (either in part or in full) which you have submitted previously for assessment is not permitted without appropriate acknowledgement. Plagiarism can be detected and has led to students being expelled from the University.

The use by students of any website that provides access to essays or other assessment items (sometimes marketed as 'resources'), is extremely unwise. Students who provide an assessment item (or provide access to an assessment item) to others, either directly or indirectly (for example by uploading an assessment item to a website) are considered by the university to be intentionally or recklessly helping other students to cheat. Uploading an assessment task, subject outline or other course materials without express permission of the University is considered academic misconduct and students place themselves at risk of being expelled from the University.

Students should visit the following University website and become familiar with the University's policy on plagiarism [Academic Integrity Policy](#)

Referencing

The Author-Date (Harvard) referencing system should, unless otherwise specified for a particular assessment (check Details of Assessment Tasks), be utilised. A summary of the Harvard system can be accessed on the Library website at: <http://uow.libguides.com/refcite>

Section C: General Advice for Students - Policies and Procedures

Student Services and Support

There are a range of services available to students that are provided free of charge. A good place to get to know services that may be of use to you is the [Get Started @ UOW](#) or search for "Get Started @ UOW". Services available include:

Service	Link to information about the service
Aboriginal & Torres Strait Islander	https://www.uow.edu.au/about/services/woolyungah-indigenous-centre/about-us/
Careers advice	https://www.uow.edu.au/student/careers/
Counselling	https://www.uow.edu.au/student/support-services/counselling/
Student Accessibility and Inclusion (SAI)	https://www.uow.edu.au/student/support-services/sai/
Information Tech.	https://www.uow.edu.au/its/index.html?ssSourceSiteId=getstarted
Study Skills	https://www.uow.edu.au/student/support-services/academic-skills/

Student Support Coordinator (SSC)

If you have a temporary or ongoing issue or a problem that is affecting your study, including issues that are related to belonging to an equity group, then the Student Support Coordinators may be able to help. There are Student Support Coordinators available to assist students who are studying at all UOW Campuses and in all UOW Faculties. Contact details can be found on the UOW website: <https://www.uow.edu.au/student/support-services/coordinators/>

Student Advocacy Service

The Student Advocacy Service (SAS) is free, confidential and independent service for all UOW students. The SAS provides advocacy and referral for a range of academic, procedural and administrative issues. For more information visit: <https://www.uow.edu.au/student/support-services/advocacy/>

AskUOW

AskUOW is your primary administrative and information contact during your studies.

Our purpose is to ensure students have access to the information they need, at the time they need it. We can help with a wide range of enquiries, including key topics such as:

- Applying for [academic consideration](#)
- Fees and scholarships
- Official documentation and student letter requests
- Student forms such as course transfer and leave of absence applications
- Student ID card issuance and replacement
- Subject enrolment
- Transport concession cards and Opal cards
- Updating personal details

Get instant answers 24/7 online using [AskUOW](#). Log in with your UOW username and password.

For further support contact askuow@uow.edu.au or call on 1300 275 869 (1300 ASK UOW) or +61 2 4221 3927.

Library Services

Save yourself time and enhance your studies: connect with information specialists and resources anytime, anywhere.

- For Library support connect with [Live Chat](#) or [contact the Library](#).
- For self-help see [Frequently Asked Questions](#) or browse [Library guides](#) to find information, databases and skills tutorials.
- [Research consultations](#) are available to UOW Postgraduate, Honours and Deans Scholar students.

Academic Integrity Policy

Academic integrity involves upholding ethical standards in all aspects of academic work, including learning, teaching and research. It involves acting with the principles of honesty, fairness, trust and responsibility and requires respect for knowledge and its development. The Policy can be found at:

<https://policies.uow.edu.au/document/view-current.php?id=26>

Code of Practice - Research

This Code mandates the current policy and best practice relating to procedures for responsible research. The Code can be found at: <https://policies.uow.edu.au/document/view-current.php?id=11>

Honours Policy

This policy sets out the responsibilities of all parties involved in managing students undertaking Honours Programs. The Code can be found at: <https://policies.uow.edu.au/document/view-current.php?id=36>

The Code of Practice - Work Integrated Learning (Professional Experience)

The Code of Practice - Work Integrated Learning (Professional Experience) sets out what is expected from students, the University and Host Organisations in providing work integrated learning professional experience programs. It applies to professional experience programs that form the whole or part of a subject or course offered at the University. The Code assists in promoting a productive work integrated learning experience for students and in promoting relevant UOW Work Integrated Learning Design Principles.

<https://policies.uow.edu.au/document/view-current.php?id=12>

Copyright Policy

The purpose of this Policy is to outline responsibilities and procedures regarding the use of third party copyright material, with the objectives of reducing staff and UOW exposure to the risks associated with the use of third party copyright material, assisting staff to make full legal use of the materials at their disposal by clearly identifying responsibilities and promoting copyright compliance. The Policy can be found at:

<https://policies.uow.edu.au/document/view-current.php?id=135>

Course Progress Policy

The Course Progress Policy establishes the requirements, definitions and procedures to be used in determining the standards of acceptable course progress. The Policy can be found at:

<https://policies.uow.edu.au/document/view-current.php?id=30>

Examination Rules and Procedures

The UOW rules and procedures outline exam conditions, student conduct in exams, and the procedures for exam management. Further information can be found here: <https://www.uow.edu.au/student/exams/>

Ethical Objection by Students to the Use of Animal and Animal Products in Coursework Subjects

This policy provides a framework for recognition of and responses to students' ethical or religious objection to animal use in coursework subjects at the University of Wollongong. For the purpose of this policy, animal use includes killing of animals in experimental work, dissection of animals that are already dead, use of animal tissues, use of animal-derived products (such as sera). These uses are relevant to teaching and assessment. Further information about this policy can be found here: <https://policies.uow.edu.au/document/view-current.php?id=154>

Coursework Rules

The Coursework Rules (hereafter the Rules) govern the admission, enrolment, progression through, and qualification for a coursework award offered by the University. Further information can be found here: <https://policies.uow.edu.au/document/view-current.php?id=4>

Human Research Ethics

The Human Research Ethics Committee protects the welfare and rights of the participants in research activities. Further information can be found here: <https://www.uow.edu.au/research-and-innovation/researcher-support/ethics/human-ethics/>

Inclusive Language Guidelines

UOW endorses a policy of non-discriminatory language practice in all academic and administrative activities of the University. Further information is available from: <https://policies.uow.edu.au/document/view-current.php?id=239>

Intellectual Property Policy

UOW's IP Intellectual Property Policy provides guidance on the approach taken to Intellectual Property (IP), including its ownership, protection and exploitation. Further information about the management of IP is available at <https://policies.uow.edu.au/document/view-current.php?id=146>

Review and Appeal of Academic Decisions Policy

UOW aims to provide a transparent and consistent process for resolving a student concern about an academic decision that has affected their academic progress, including a mark or grade. Further information is available at: <https://policies.uow.edu.au/document/view-current.php?id=40>

Student Academic Consideration Policy

The purpose of the Student Academic Consideration Policy is to enable student requests for academic consideration for assessable components of a subject to be evaluated in a fair, reasonable, timely and consistent manner throughout the University. **For information on the Policy, eligibility and how to apply see:** <https://www.uow.edu.au/student/admin/academic-consideration/>

The Student Charter - Your Rights and Responsibilities

The Student Charter is based on principles that guide all members of the University and that promote responsible partnerships within and beyond the University community. <https://www.uow.edu.au/student/charter/>

Student Assignment of Intellectual Property (IP) Policy

This policy applies to all Students (under-graduate and post-graduate) of the University of Wollongong (UOW). It may also apply to other persons by agreement. This policy sets out the approach taken by UOW in relation to

Student assignment of intellectual property. Further information about this policy can be found here: <https://policies.uow.edu.au/document/view-current.php?id=146>

Student Conduct Rules

These Rules outline the required conduct of students of UOW, and direct staff and students to University Rules, standards, codes, policies, guidelines, procedures and other requirements which specify acceptable and unacceptable student conduct, and the management of alleged student misconduct. <https://policies.uow.edu.au/document/view-current.php?id=6>

Teaching and Assessment: Assessment and Feedback Policy

The purpose of this Policy is to set out the University of Wollongong's approach to effective learning, teaching and assessment, including the principles and minimum standards underlying teaching and assessment practice. The Policy can be found at: <https://policies.uow.edu.au/document/view-current.php?id=38>

Teaching and Assessment: Code of Practice - Teaching

This Code is a key document in implementing the University's Teaching and Assessment Policy and sets out the specific responsibilities of parties affected in relation to learning, teaching and assessment, as well as procedures for teaching staff. The Code can be found at: <https://policies.uow.edu.au/document/view-current.php?id=9>

Teaching and Assessment: Subject Delivery Policy

This Policy sets out specific requirements in relation to the delivery of Subjects. The policy can be found at: <https://policies.uow.edu.au/document/view-current.php?id=39>

Workplace Health & Safety Policy

The Workplace Health and Safety (WHS) unit at UOW aims to provide structures, system and support to ensure the health, safety and welfare of all at the campus. Further information is available from: <https://policies.uow.edu.au/document/view-current.php?id=177>