



HIGHER DEGREE RESEARCH (HDR) CANDIDATE CONTINGENCY PLAN

Higher Degree Research (HDR) Candidates need to develop a contingency plan in consultation with their supervisors to minimise the impact of COVID-19 related disruptions.

A suitable, documented contingency plan will be an important component of the case to be made should you need to apply for an extension to your candidature or fee waiver at a later time. Please also record details of COVID-19 related disruptions and your enacted plan of action in your Annual Progress Report (APR).

HDR CANDIDATE DETAILS

Candidate name		Student number	
Degree		Year of candidature	
School		Faculty	
Principal Supervisor		Co-supervisor	

1. GOALS

What were your goals for this year?

2. IMPACT ASSESSMENT

How has your progress been impacted by COVID-related restrictions?

3. CONTINGENCY PLANS

What adjustments need to be made to your goals? How might these adjustments be accommodated?
What alternative tasks may you undertake to minimise disruption over the next weeks or months?

4. STAY CONNECTED

How often and by what means are you going to keep regular contact with your supervisory team and other research team members?

5. STAY WELL

Don't forget to find time to look after your physical and mental wellbeing. You can find support by visiting the following links:

Student Support Advisers: <https://www.uow.edu.au/student/support-services/advisers/>

Counselling Service: <https://www.uow.edu.au/student/support-services/counselling/>

HDR Candidate's signature		Date	
Principal Supervisor's signature		Date	

**PLEASE EMAIL A COPY OF THE COMPLETED FORM TO THE GRADUATE RESEARCH SCHOOL
graduate-research-school@uow.edu.au**