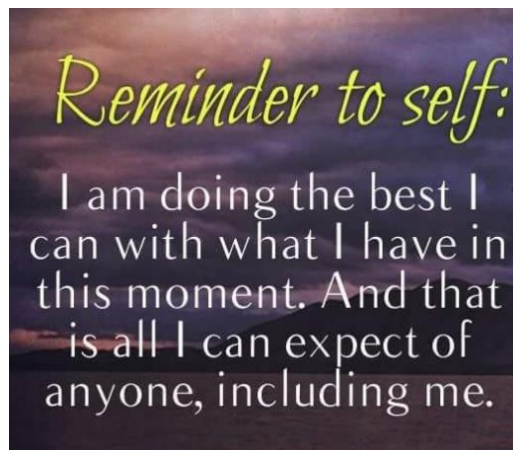


**DO YOU LOVE AND/OR CARE FOR SOMEONE WITH  
BORDERLINE PERSONALITY DISORDER (BPD)?  
WOULD YOU LIKE TO MEET OTHERS WHO SHARE A SIMILAR JOURNEY FOR  
SUPPORT AND LEARNING??**



**THEN PLEASE COME AND JOIN US.  
WHEN: 2018 = 5 Feb, 5 Mar, 9 April,  
7 May, 4 June, 2 July, 6 Aug, 3 Sept, 8 Oct,  
5 Nov and 3 Dec**  
(FIRST MONDAY OF THE MONTH. IF THAT IS A PUBLIC HOLIDAY  
IT MOVES TO 2<sup>ND</sup> MONDAY OF THE MONTH)

**WHERE: CARERS ACT,  
80 Beaurepaire Crescent, Holt ACT 2615**

**TIME: 5.30pm to 7.30pm**



**This is a support group for anyone who loves and/or cares for a family member or friend who has been diagnosed with Borderline Personality Disorder (BPD) or who has BPD traits.**

**Our meetings will be a safe place, where loved ones and carers are welcomed and receive support to cope with this serious illness, which often causes much trauma for both those with the diagnosis of BPD and their loved ones.**

**It is a place to talk about the impact of this illness, to learn coping skills from others on a similar journey, as well as professionals, and to learn about the illness and its treatment. With the help of Carers ACT we have formed this support group so we no longer feel so isolated and alone.**

*For more information please contact either:  
Natalie Malcolmson by phone on 0415 111 894 or email at [bpdawarenessact@gmail.com](mailto:bpdawarenessact@gmail.com)  
Fi Bokulic by phone on 0448 556 698 or email at [fibokulic@gmail.com](mailto:fibokulic@gmail.com)*

*Please note, this support group is not designed for people who experience BPD but rather their families and loved ones.*