6th Annual Conference on the
TREATMENT OF PERSONALITY DISORDERS: Guidelines-based practice

Conference: Friday 9 November 2012
Workshop: Saturday 10 November 2012
9.30am – 4.00pm
Venue: McKinnon Building (Building 67)
UNIVERSITY OF WOLLONGONG

The Illawarra Health and Medical Research Institute, Wollongong University Clinical Psychology program, and NSW Health (Illawarra-Shoalhaven Local Health District and South East Sydney Local Health District) invite you to a one day conference on the treatment of personality disorder. The theme ‘Guidelines-based practice’ highlights the importance of the international development of clinical guidelines for the treatment of personality disorders. Most recently, the Australian NHMRC Clinical Guidelines for Borderline Personality Disorder have been developed in 2012. These will sit alongside other guidelines also recently developed - the Project Air Strategy Treatment Guidelines for Personality Disorders (2011) and more established recent international guidelines - the UK National Institute for Clinical Excellence (NICE) guidelines for the treatment of borderline personality disorder (2009) and antisocial personality disorder (2009). The context of the development of the guidelines fits within broader reconceptualisations of personality disorders, particularly in the light of revisions to diagnostic criteria in the American Psychiatric Association (DSM-5) and World Health Organisation (ICD-11) projects.

Consistent with the conference theme, the special keynote this year will be presented by Professor Roger Mulder on “Rethinking personality disorder diagnosis”. With the current debates around the direction of revisions to diagnosis and how this influences future guidelines for treatment, this promises to be a timely and important presentation. Professor Mulder has a distinguished record of scientific and clinical contributions to understanding personality disorder. He is Chair of Psychiatry at the University of Otago, New Zealand, and is currently Editor of Personality and Mental Health.

Professor Mulder is also co-chair of the WHO Committee on Personality Disorders and a member of the ICD-11 Classification Committee for Personality Disorders. He is interested in the psychiatric aspects of medical illness, and the history and philosophy of psychiatry, particularly the classification of abnormal behaviour. He and has published over 150 articles and book chapters.

Professor Mulder will also present a workshop on Saturday on ‘Principles for the management of borderline personality disorder’ which will be followed in the afternoon by a Project Air Strategy workshop on ‘Personality disorder and complexity: understanding counter-transference and other relationship dilemmas’.
6th Annual Conference on the
TREATMENT OF PERSONALITY DISORDERS: Guidelines-based practice
Conference: Friday 9 November 2012 & Workshop: Saturday 10 November 2012

Registration: Registration, submission of abstracts, and accommodation (if required) are online. When you register please have your credit card handy so that you can complete the registration process. Below is information about registration and what you need to know when you go online to register.

Fees: There is a small registration fee to recover costs including catering. Early-bird rate is $85 for the Friday conference and $95 for the Saturday workshops (or $180 for both days) if paid by 19 October 2012, otherwise the standard conference fee is $95, and the workshop $105 ($200 for both days).

Registration and payment prior to the event is essential and is only accepted online at www.projectairstrategy.org.

Invitation for Brief Presentations and Posters: We invite brief presentations and posters to update on new innovations and treatment extensions within personality disorder services (e.g. model, structure, implementation, and evaluation), or presentations on research or another issue relevant to personality disorders. Presentations are informal and will be time limited to approximately 5-10 minutes. You will be informed prior to the conference about your presentation and the duration. Each group should nominate one person to be spokesperson. Note: depending on time constraints, not all applications to present may be allocated in the program, and some may be requested to prepare posters. Poster size should be approximately 80 cm across x 100 cm high.

Please specify: Presentation Type / Brief Oral Presentation / Poster / Both Brief Oral Presentation & Poster; Presenter and Title; Short description/abstract (max 150 words). You can cut and paste these details in the registration form online when you register.

All abstracts are to be submitted online at www.projectairstrategy.org by Friday 19 October 2012. The submission of abstracts forms part of the registration process, and you must register to submit an abstract.

Accommodation: Special conference rates have been negotiated at the following four hotels:
Medina Executive Apartments Wollongong; Chifley Hotel Wollongong; Novotel Wollongong Northbeach; and Flinders Motel Wollongong.

A free shuttle bus service, ‘The Gong Shuttle’ regularly runs to and from the University from these hotels, or the trip is a short taxi ride. It takes approximately 40 minutes to walk from Wollongong to the University.

Note: The accommodation special rates are only available when booking as part of the conference registration process online at www.projectairstrategy.org.

Enquiries: Kelly Hutchison, Project Assistant, Treatment of Personality Disorders Research Project, Illawarra Health and Medical Research Institute, Building 32 University of Wollongong NSW 2522 Tel: +61 2 4298 1571, Email: info-projectair@uow.edu.au.

Location: The University of Wollongong is approximately 1-2 hours south of Sydney depending on your location and the time of day. Drive south past Sutherland onto the F6 and take the second exit at the bottom of Mt Ousley (signposted ‘University’). The conference will be held in the McKinnon Building, in the centre of campus. The Western Car Park is closest to the conference venue; enter via the Western Entrance along Northfields Avenue. Parking fees apply. A train service is available to North Wollongong followed by a short bus connection or 15 min walk.
Conference Program – Friday 9th November 2012

9.00am Registration opens

9.30am Welcome – Associate Professor Beth Kotze, Director, MH-Kids, NSW Health

9.35-10.30am Professor Roger Mulder "Rethinking personality disorder diagnosis" Professor Mulder is Head of Psychological Medicine at the University of Otago, New Zealand, and is currently Editor of Personality and Mental Health. He is also co-chair of the WHO Committee on Personality Disorders and a member of the ICD-11 Classification Committee for Personality Disorders.

10.30-11 BREAK

11.00-11.45am Dr AnneMaree Bickerton "Staying connected: an approach to working with families, partners and carers of personality disorders" Dr Bickerton is Consultant Family Psychiatrist, with the Family and Carer Mental Health Program team in South Eastern Sydney and Illawarra Shoalhaven Local Health District.

11.45-12.30pm Jan Giffin "A Second Listening: Exploring Spectrum’s Secondary Consultation to services working with Borderline Personality Disorder in Victoria, Australia". Ms Giffin is an Occupational and Family Therapist and Team Leader of the Community Services Team, Spectrum Personality Disorders Service for Victoria.

12.30-1.15pm LUNCH

1.15-1.45 Associate Professor Andrew Chanen “What’s new? Highlights from the 2nd International Congress on Borderline Personality Disorder, Amsterdam.” Professor Chanen is a Consultant Psychiatrist from the Centre for Youth Mental Health at The University of Melbourne, Director of Clinical Services at Orygen Youth Health, and President of the International Society for the Study of Personality Disorders.

1.45-2.15pm Professor Brin Grenyer "Beyond RCTs - synthesizing what works in personality disorders in the context of the development of clinical guidelines" Professor Grenyer is a clinical psychologist and scientific theme leader of Neuroscience and Mental Health, Illawarra Health and Medical Research Institute.

2.30pm Dr David Hawes (University of Sydney) Borderline personality features and implicit shame-prone self-concept in childhood.

3.00pm Dr Rebekah Helyer (University of Sydney) Executive function correlates of Borderline Personality Features in early adolescence: A community-based study

3.30pm Rachel Bailey (University of Wollongong) Staying connected: A study of family environment in Borderline Personality Disorder

4PM CLOSE

Workshop Program – Saturday 10th November 2012

9.00am Registration opens

9.30am – 12.30pm Professor Roger Mulder "Principles for the management of borderline personality disorder" Professor Mulder is Chair of Psychiatry at the University of Otago, New Zealand and Editor of Personality and Mental Health.

12.30-1.00 LUNCH

1.00pm – 4.00pm Bernadette Jenner and Professor Brin Grenyer "Personality disorder and complexity: understanding counter-transference and other relationship dilemmas" Bernadette Jenner and Professor Brin Grenyer contribute to the NSW Health Project Air Strategy for Personality Disorders; Ms Jenner is a counselling psychologist at the Spectrum Personality Disorders Service for Victoria and Professor Brin Grenyer is at the Illawarra Health and Medical Research Institute.