News from the Chair

Welcome to the June issue of the FRC Newsletter for 2005. It has been a busy few months for research in the Faculty, and across the University.

We had a visit from the ARC which was attended by a number of H&BS staff. Unlike previous visits, which have tended to focus on presenting data on funding rates and outcomes, this session provided an opportunity for researchers to engage in an open discussion with ARC representatives about a range of issues and feedback from the session was extremely positive.

We recently awarded a whole range of grants to staff and students in the Faculty, and details of these appear later in the newsletter. Congratulations to all the successful applicants – there is some really exciting work being done in this Faculty, and we shall be bringing you the results of some of the funded projects as they progress.

Also, congratulations to those who were successful in receiving external funding, especially in the last round of ARC Linkages (details later in the newsletter). The success rate for Linkage Grants has decreased across the sector, so this is a great achievement for those who were successful.

You will notice a number of additions to the Newsletter this issue, including:

- Innovation and Commercialisation Report – a regular column from our Manager of Innovation and Commercial Development (MICD), Aapo Skorulis.
- Library News – a regular column from Lucia Tome and Chris Brewer at the Library.
- Publications and presentations – where we recognise all the terrific work you guys are doing in writing papers and presenting at conferences.

And a HUGE welcome to our new Editor, Amanda Reid, who has done a sensational job of pulling this issue together!

Remember, this is your research newsletter, so please send items of interest to share with your colleagues (by email to Amanda Reid on areid@uow.edu.au).

Sandra
Who is the FRC?

The HBS Faculty Research Committee (FRC) has evolved over time, with the criteria for membership being somewhat unclear. The university recently developed terms of reference for FRCs, to help us in determining both who should be on the FRC and what the FRC should do. This document, and other issues surrounding FRC membership, have been discussed extensively in a series of forums over recent months (including the FRC itself, the Faculty Executive, the Faculty Research Planning Days etc.) One of the outcomes of these meetings was a clear statement of the composition of the FRC, which will now consist of:

- Chair – appointed by the Dean, in consultation with the PVC(R)
- Deputy Chair – appointed by the Dean from FRC membership
- Dean
- Head of each department (or their representative)
- Directors of research centres officially recognized by the university
- Manager of Innovation & Commercial Development – non-voting
- HBS representatives on university committees (e.g., URSC, thesis committee) – non-voting
- HDR Student representative

Research News

Research Funding


Research Administration

All staff are reminded that it is Faculty policy that all external funding applications (including URC grants) must be signed-off by the Dean prior to submission. These must include a cover note outlining what the resource needs will be if the grant is successful (e.g., desks and computers for new research staff, buy-out of time for existing staff etc.)

All applications for projects which involve industry collaboration – including ARC Linkages and URC Partnerships – should also be discussed with the MICD (Aapo Skorulis) prior to submission.

Scholarships

- PhD Scholarships – The submission date for postgraduate scholarships has been brought forward to 30 September 2005.
- Honours Scholarships – The university is introducing Honours Scholarships for 2006. There will be approximately 40 scholarships, of $2000 each, awarded across the university on a competitive basis. We will provide more information on this as it becomes available. In the meantime, we are planning a HBS Honours Information Session for September which will give departments an opportunity to provide information on potential honours projects to students who are considering undertaking honours in 2006 or 2007.

HDR Conference

All staff and students – don’t forget that the HDR Student Conference will be held from 12.00pm on Thursday, 29 September 2005. Come and get a glimpse of the ground breaking research being undertaken by our HDR students and hear Keynote Speaker, Dr Jack Baker from the NSW Department of Environment and Conservation. Registration is free and will close on 16 September 2005. Contact the Research Student Centre on ext. 5452 or register at www.uow.edu.au/research/rsc/HDRconference/index.html
Research Centre Profile

CHBCR - Centre for Health Behaviour and Communication Research

The Centre for Health Behaviour and Communication Research (CHBCR) was established in 2004 as a Strategic Research Initiative in the Faculty of Health and Behavioural Sciences.

Headed by Associate Professor Sandra Jones, CHBCR brings together a range of research expertise from the departments of Nursing, Psychology and Public Health, and aims to provide a structure for developing cross-faculty and industry-linked research. A key activity of the Centre is providing guidance and developing effective research skills for Postgraduate research students, early career researchers and other academic staff.

Recent CHBCR staff and projects making news include:

- An investigation by Associate Professor Sandra Jones and her team into advertising and promotion of alcoholic beverages, which is revealing that a range of alcoholic products in the Illawarra are packaged in a way that directly contradict the recommendations of a 2003 review of alcoholic beverages that may target young people.

- A major research project conducted by CHBCR in association with the Cancer Council of New South Wales is examining the use of social marketing theory and practice in developing innovative and comprehensive sun protection campaigns. The $300,000 Australian Research Council (ARC) funded project will take at least five years to complete. A major driving force behind this project is that Australia has the highest incidence of skin cancer in the world and the majority of skin cancers could be prevented if the public could be persuaded to adequately protect themselves from the sun.

- Dr Nancy Humpel, an ARC Postdoctoral Fellow in CHBCR, has been internationally recognised as an outstanding early-career research leader in her field. She is first author of a paper on how the environment influences physical activity – which has already been cited 74 times since 2002. Dr Humpel’s paper recently topped the American Journal of Preventive Medicine list of highly-cited articles published in 2002. Dr Humpel’s research is now focussed on interventions to promote physical activity in cancer survivors.

The Centre’s beautiful new website can now be found at http://www.uow.edu.au/health/chbcr

Research in the Community

The Wollongong Social, Emotional, and Academic Longitudinal Study is off to a good start. Supported by a Linkage grant from the ARC, in collaboration with the Wollongong Catholic Diocese, the project aims to track all Year-7 students in 2003 in the Diocese to the end of their school career. The project is being coordinated by Patrick Heaven (Psychology), Wilma Vialle (Faculty of Education), and Joseph Ciarrochi (Psychology) with the assistance of 2 PhD students, Fiona Davies and Sunila Supavedeeprasit. So far, 2 waves of data have been collected and entered (over 300,000 data points!). The 3rd wave will be collected during August, 2005. If external funding can be maintained, the project has the potential to provide useful information on the trajectory of socio-emotional and academic changes across the teenage years. To-date, one paper has been accepted for publication (in the Journal of Community & Applied Social Psychology), and a few others are currently being written.

Innovation & Commercialisation Report ~ Aapo Skorulis

YAA (Young Achievement Australia)

The University in collaboration with YAA has established a Biotechnology entrepreneur program. The Program brings together postgraduate students (Masters, Post-Docs, RA’s and PhD’s) with mentors from business and industry to form a “real” company that goes through a concentrated business cycle in order to extend business skills and opportunities to participants.

With guidance from Mentors and comprehensive Program Manuals, the participants take responsibility for all essential business processes including:

- Establishing the company and electing the management team
- Researching, designing and producing goods or services with a biotechnology theme
- Selling shares to raise capital
- Planning and implementing quality systems in the key management areas of finance, manufacturing, human resources, sales and marketing
- Identifying e-commerce and marketing opportunities for the business concept
- Preparing a business plan and annual report
- Liquidating and paying dividends to shareholders at the end of the program

Health & Behavioural Sciences is well represented with the company members being Rob Battisti, Peter Kelly, Bridget Munro, Yasmine Probst and Karen Walton.

Student Innovation Network (SIN)

To encourage innovation amongst our postgraduate research population a network is being established to provide an informal forum for students to meet, network and learn about all aspects of innovation and commercialisation. Each meeting will include a presentation on an issue of importance to students and commercialisation/innovation.

Our first function is on Monday, 15 August and will be titled: “Will I own the outcomes of my research project? – student IP ownership explained.” Pizza and drinks will be supplied.

Business Plan Competition

To complement its already strong research focus, the University is endeavouring to enhance its innovation and commercialisation activities via the development of an entrepreneurial culture amongst staff and students. As part of this initiative it will be running a business plan competition to:

- raise the profile of innovation & commercialisation activities on the campus
- increase student interest in BPCs and highlighting potential benefits to the innovation process of good business planning
- develop an entrepreneurial culture amongst students and linking with professionals to develop business planning skills
- provide students with skills and a mechanism to take their innovation and project developments to potential markets
- enhance links and awareness between UoW and the local business community
- increase innovative outcomes from UoW teaching & research activities
- develop relevant networks for those students who have a flair for innovation.

1st prize $5000
2nd prize $3000
3rd prize $2000

Proposed Timeline

First Stage EoI due: Friday 12 August 2005
Judging and Awards Evening: Late October 2005 (Date TBC)
**Champion Lunch – 9 August**

To assist in raising the profile of innovation and commercialisation at the University we are organising a series of lunchtime presentations where invited high profile individuals - who have been successful in ‘commercialising’ innovation in a University context - share their experiences.

They are open to both staff and students. The next lunchtime presentation is on 9 August and the speaker will be Louise Earnshaw (PhD student in Psychology and Business at Uni Queensland). Louise’s research has found similarities between successful entrepreneurs and youth at risk which she has termed “the Chutzpah Factor”. Chutzpah is Yiddish for cheekiness, audacity, guts and gall - the entrepreneur! Hopefully the lunch will encourage you to find your own Chutzpah Factor and will show you how to turn your passion (ie your PhD) in to cash! Louise has commercialised her own work, spinning off a business and a charity from her research methodology and findings. She has secured private investor and corporate capital, and commonwealth government funding to implement her work in four states. Her work of turning maverick kids into entrepreneurs is currently the subject of the 7.30 Report to be screened later this year.

**UoW 2005 Trailblazer Finalists**

Our ideas competition has been finalised. The faculty was represented by: Yasmine Probst, Mitch Byrne, Steven Roodenrys & Stuart Johnstone, Anne-Maree Parish, Peter Kelly, Simone Favelle, Annaliese Dowling, Bridget Munro, Mark Brown, Deirdre McGhee and Ryan Maloney.

15 overall made it to the final presentations, with 2 from H&BS being selected for a final prize. Congratulations go to:

Student: Mr Peter Kelly, “Homework generator”

Staff: Dr Bridget Munro, “Stretching, straining, landing training: Injury prevention biofeedback programs”.

Bridget (from the Biomechanics Research Laboratory, Department of Biomedical Science) received a Highly Commended in the Open category for her idea which aims to develop innovative landing training programs that use immediate and individualised biofeedback via smart textile sensors, to train individuals to perform safe landing manoeuvres - thereby reducing their risk of a catastrophic injury on the sports field. The award was presented to Bridget by Mr David Landers, the Funds Manager with the Allen & Buckeridge venture capital firm.

**Congratulations**

Congratulations to Professor Linda Tapsell and Dr Peter Williams, both from the National Centre of Excellence in Functional Foods, who have been appointed Fellows of the Dietitians Association of Australia (FDAA). The Dietitians Association of Australia is the professional body representing 2500 dietitians nationally. The appointment of the first DAA Fellows at the 2005 DAA Annual General Meeting follows the launch of the DAA professional recognition program earlier this year. This program is a process for formally recognising Accredited Practising Dietitians (APDs) who are professional leaders in their field of nutrition and dietetics. The new DAA Fellows will soon assess the first applications for the Advanced APD credential. DAA President Ms Julie Hulcombe said, ‘the newly appointed DAA Fellows are high profile and proactive leaders who are recognised as experts both nationally and internationally. They have made an outstanding contribution to nutrition and dietetics and have used their skills and influence to significantly enhance the health of the community.’

Publications and Presentations

Publications

Dr Peter Williams, Smart Foods Centre


Yasmine Probst, Smart Foods Centre


Teresa du Bois, Department of Biomedical Science


Dr Chao Deng, Department of Biomedical Science


A/Prof Patrick Heaven, Department of Psychology


Desley Hennessy, Department of Psychology

Christopher Magee, Department of Psychology


Dr Nancy Humpel, Centre for Health Behaviour and Communication Research


Presentations

Sandra Jones, Centre for Health Behaviour & Communication Research


“Alcohol advertising is regulated, isn’t it? ”Illawarra and South East Regional CDAT Conference, Narooma, 11-13 May 2005.

Karen Walton, Smart Foods Centre

Verbal presentation Stakeholder views of NSW hospital food services and barriers to patient nutrition.

Poster presentation Rehabilitation inpatients are not meeting their nutritional needs 23rd National Dietitians Association of Australia Conference; May 25-28; Perth, Australia: Dietitians Association of Australia; 2005.

Yasmine Probst, Smart Foods Centre

Probst Y, Steel D, Tapsell L.


Andrew Phipps, Department of Psychology

Andrew B. Phipps, Mitch K. Byrne & Frank P. Deane.


*Mitch Byrne, Department of Psychology*

Medication alliance: Enhancing treatment outcomes, School of Psychology Public Seminar, University of South Australia June 10 2005.

*David Rosete, Department of Psychology*


*Dr Chao Deng, Department of Biomedical Science*

Deng C and Huang XF.

Decreased density of muscarinic M1/M4 and M2 receptors in the superior temporal gyrus in schizophrenia. Australian Neuroscience Society, 25th Annual Meeting; 2005.
Research grants awarded – External

**ARC Linkage Projects 2005**

<table>
<thead>
<tr>
<th>Chief Investigator(s):</th>
<th>A/Prof Xu-Feng Huang, Prof Linda Tapsell, Dr Marijka Batterham, Dr S Gulati and K Hunter (with Uncle Tobys)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount:</td>
<td>$225,444</td>
</tr>
<tr>
<td>Project Title:</td>
<td>Establishing evidence for the functional properties of a whole grain in weight management</td>
</tr>
<tr>
<td>Project Summary:</td>
<td>The successful development of functional foods relies on communicating proven effects. This project aims to prove that the food containing the satiety properties of a whole grain (OG) may help in weight management. We will conduct basic research investigating the link between consumption of OG-containing foods and the regulatory mechanisms of satiety, and test whether the satiety properties can be used to prevent, reduce and correct body weight gain in the early, middle and late stages of obesity. We will then apply this understanding in a human trial of mildly and long term overweight subjects, to aid the formulation of statements on the potential health benefits from consuming OG.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Chief Investigator(s):</th>
<th>Dr Barbara Meyer, Andrew Sinclair (RMIT), Robert Gibson (Uni of Adelaide) (with NuMega Ingredients, Analytical Reference Laboratories)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount:</td>
<td>$78,444</td>
</tr>
<tr>
<td>Project Title:</td>
<td>Long Chain Omega-3 Polyunsaturated Fatty Acids and Heart Health in Humans</td>
</tr>
<tr>
<td>Project Summary:</td>
<td>The primary aims of the project is to assess the effect of DHA rich tuna oil on cholesterol carrying lipoproteins and to determine a quicker method in assessing someone’s omega-3 status. The expected outcomes include the determination of: 1) the most appropriate blood sample and a rapid test and for evaluating the omega-3 status; 2) the minimum dose of tuna oil required which will not only improve a person’s omega-3 status but also improve their plasma lipid profile and hence reduce their overall risk for cardiovascular disease (CVD); and 3) the use of the Omega-3 Index by medical practitioners. The significance is the increased knowledge of the health benefits of DHA rich tuna oil and that a new CVD risk marker will be generally accepted.</td>
</tr>
</tbody>
</table>
### Research grants awarded – Internal

**H&BS FRC Seeding Grants Scheme 2005**

<table>
<thead>
<tr>
<th>Chief Investigator(s):</th>
<th>Project Title</th>
<th>Amount ($)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prof Julie Steele</td>
<td><em>Feet, footwear and falls: What are the associations in the elderly?</em></td>
<td>4941.00</td>
</tr>
<tr>
<td>Dr Amy Chan</td>
<td><em>The role of counterfactual thinking and emotions on performance on a computer-based task.</em></td>
<td>3671.00</td>
</tr>
<tr>
<td>Dr Peter Caputi</td>
<td></td>
<td></td>
</tr>
<tr>
<td>A/Prof Rohan Jayasuriya</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dr Xu-Feng Huang</td>
<td><em>Neurochemistry of the Psychosis Circuit in Schizophrenia.</em></td>
<td>5000.00</td>
</tr>
<tr>
<td>A/Prof Sandra Jones</td>
<td><em>Pilot study to investigate the nature and extent of non-advertising alcohol promotions in the Wollongong CBD.</em></td>
<td>5000.00</td>
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**H&BS FRC Small Grants Scheme 2005**

<table>
<thead>
<tr>
<th>Chief Investigator(s):</th>
<th>Project Title</th>
<th>Amount ($)</th>
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</thead>
<tbody>
<tr>
<td>Dr Chao Deng</td>
<td><em>Pathological Alterations in Glutamate Receptors in the Superior Temporal Gyrus in Schizophrenia.</em></td>
<td>5000.00</td>
</tr>
<tr>
<td>Dr Bridget Munro</td>
<td><em>Do sloppy slippers alter foot function during gait in older women.</em></td>
<td>4401.38</td>
</tr>
<tr>
<td>Dr Yean Yeow Tan</td>
<td><em>Effects of Acute and Chronic Antipsychotics Treatment on Brain Adrenoceptors and Intracellular Signalling Proteins.</em></td>
<td>5000.00</td>
</tr>
<tr>
<td>Dr Barbara Meyer</td>
<td><em>A study of Stress, Cannabis and Fatty Acids in Schizophrenia.</em></td>
<td>5000.00</td>
</tr>
<tr>
<td>Dr Nadia Solowij</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dr Simone Favelle</td>
<td><em>Timing the cognitive processes involved in object change detection.</em></td>
<td>4999.00</td>
</tr>
<tr>
<td>Dr Stephen Palmisano</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dr Nancy Humpel</td>
<td><em>Investigation of the impact of the introduction of voluntary student unionism on the physical activity levels of University students.</em></td>
<td>4976.40</td>
</tr>
<tr>
<td>Ms Lyn Rees</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ms Danika Hall</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dr Guy Plasqui</td>
<td><em>Feasibility of a structured activity protocol for use in the whole room calorimeter with pre-school aged children.</em></td>
<td>2305.00</td>
</tr>
</tbody>
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### H&BS FRC Early Career Researcher Grants Scheme 2005

<table>
<thead>
<tr>
<th>Chief Investigator(s):</th>
<th>Project Title</th>
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<tbody>
<tr>
<td>Dr Todd Mitchell</td>
<td>The determination of double bond positions in phospholipids by mass spectrometry: a new tool for lipidomics.</td>
<td>3000.00</td>
</tr>
<tr>
<td>Dr Janette Curtis</td>
<td>Exploring relationships between therapeutic interventions and ‘as needed’ (PRN) medication use within acute mental health settings.</td>
<td>3000.00</td>
</tr>
<tr>
<td>Mr John Baker</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ms Lyn Rees</td>
<td>A pilot study to investigate the influence of alcohol advertising (particularly during sports programming) on school children’s alcohol beliefs, knowledge and drinking intention as adults.</td>
<td>2988.45</td>
</tr>
<tr>
<td>Dr John Blackledge</td>
<td>Using Acceptance and Commitment Training to Enhance Psychological Wellbeing in Young Adolescents.</td>
<td>3000.00</td>
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</table>

### H&BS FRC Publication Assistance Scheme 2005

<table>
<thead>
<tr>
<th>Researcher(s):</th>
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<tbody>
<tr>
<td>Dr Peter Caputi</td>
<td>2030.00</td>
</tr>
<tr>
<td>Prof Linda Viney</td>
<td></td>
</tr>
<tr>
<td>Prof Julie Steele</td>
<td>1265.82</td>
</tr>
<tr>
<td>A/Prof Sandra Jones</td>
<td>2996.40</td>
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### H&BS FRC Postgraduate Student Conference Support 2005

<table>
<thead>
<tr>
<th>Researcher(s):</th>
<th>Amount</th>
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</thead>
<tbody>
<tr>
<td>Otilia Rodrigues</td>
<td>1500.00</td>
</tr>
<tr>
<td>Moira Williamson</td>
<td>1445.00</td>
</tr>
<tr>
<td>Bridget Munro</td>
<td>1500.00</td>
</tr>
<tr>
<td>Karen Mickle</td>
<td>1500.00</td>
</tr>
<tr>
<td>Mitchell K Byrne</td>
<td>1432.00</td>
</tr>
<tr>
<td>Terry Froggatt</td>
<td>1500.00</td>
</tr>
<tr>
<td>Lynda Kriflik</td>
<td>250.00</td>
</tr>
<tr>
<td>Sue Vella</td>
<td>1500.00</td>
</tr>
<tr>
<td>Nicholas Rosser</td>
<td>1500.00</td>
</tr>
<tr>
<td>Desley Hennessy</td>
<td>1,500.00</td>
</tr>
</tbody>
</table>
Research Training

PLACES ARE STILL AVAILABLE FOR THE GRANT WRITING AND MANAGEMENT COURSES WHICH ARE COMING UP SOON — THESE ARE STRONGLY RECOMMENDED, SO BOOK NOW!

Updated details available below. For registration go to: http://staff.uow.edu.au/cdu/calendar/index.html

UNLOCKING THE SECRETS OF RESEARCH GRANT WRITING

This workshop is designed for researchers who wish to gain an insight into the elements of successful research grant applications and further develop their grant writing skills.

Workshop for Humanities Staff

Dates: Attendance at both sessions is required
Day 1 - Wednesday, 27 July, 2005
Day 2 - Wednesday, 17 August, 2005

Workshop for Science Staff

Date: Attendance at both sessions is required
Day 1 - Wednesday, 3 August, 2005
Day 2 - Wednesday, 24 August, 2005

This interactive workshop will cover all aspects of the grant process including:

- Establishing a research program
- Research funding opportunities
- Targeting publications
- Key elements of successful grant applications
- Personal perspectives on developing grants from academics with a successful track record
- Understanding what’s involved in assessing grant applications

The workshops will be conducted over 2 half-day sessions. During the second session, participants will be required to prepare and discuss their own grant applications in a peer-review round table discussion.
Research Grant Management

This workshop is designed for academic staff who have been awarded a research grant and general staff who provide research grant administrative support. Staff who have recently been awarded internal grants (eg, small grants) and/or external grants (eg, ARC/NHMRC etc) are particularly encouraged to attend.

Workshop 1: Thursday, 11 August, 2005
Workshop 2: Tuesday, 1 November, 2005

The workshop aims to provide guidance on key aspects of successfully managing a research grant including:
- grant notification and approval processes
- grant contract requirements
- establishing accounts, budget items and expenditure, financial reporting
- research ethics approval and renewal processes
- recruiting research personnel and students, employment contract requirements
- where to publish, DEST publication categories
- how to meet grant reporting requirements

Other research training programs offered by the Career Development Unit over the following months include:

August: Enhanced Industry Linkages
August: Venture Capital for Dummies
September: Best Route to Markets
October: Jump Starting Your Research
Library News

Library support for Health and Behavioural Sciences’ researchers provides access to 675,000 information resources including 21,000 journals. In addition, Chris Brewer, your Faculty Librarian works closely with Lucia Tome, Research Training Librarian to support tailored research training and services. Chris is also available for individual appointments to assist with search strategies, database searching and troubleshooting your research problems. Contact Chris by email for an appointment: chris_brewer@uow.edu.au

A training program is in the process of being organised for research students to incorporate:

- Where do I publish?
- Who’s citing whom?
- How to locate theses
- Databases – focusing on new ones
- Keeping up-to-date with email alerts
- Intellectual property – patent searching
- Internet searching
- EndNote

You will be hearing about the program soon. Keep an eye on your email.

View the Research Resources page for links to information to help with your research activities. Check out ScienceDirect transactional access – postgraduates can now apply for fulltext access to journal articles in the ScienceDirect database where only the abstract is available. Learn about how citations count – who’s citing whom and high impact journals.

Follow the link from the Library homepage: www.library.uow.edu.au > Research Resources

Looking for funding opportunities? Try ResearchResearch. It’s a database that provides national and international sources of funding opportunities for researchers which is updated daily. UoW subscribes to the full access and search capabilities of Funding Opportunities and Sponsors. All staff and students have access to ResearchResearch from any computer on the University network.

Follow the link from the Library homepage: www.library.uow.edu.au > Research Resources