Rural In2Uni: Online resources for academic literacy

ONLINE RESOURCE DESCRIPTION

Rural In2Uni offers students in the University Preparation Program (UPP) access to a suite of online modules designed to support academic literacy. As part of the program, students must engage with and complete all 20 online modules by the end of the program. An overview of the individual module content is provided below.

ONLINE MODULE LEARNING OUTCOMES

It is recommended that teachers and partner university staff work collaboratively to include a learning outcome against each module.

MODULE 1

LEARNING OUTCOME

Students demonstrate an understanding of key strategies for overcoming any barriers to higher education participation and recognise university as a pathway to their career of choice.

CONTENT

Welcome

- Introduction that provides an overview of Moodle site, structure and content of online modules

My Journey - bridges and barriers

- Career pathways
- University preparation programs
- Higher education entry options
- Understanding ‘Who I am’ (values, interests, career goals)
- Being aware of the possible disruptions and learning how to bridge the barriers to career goals

MODULE 2

LEARNING OUTCOME

Students build a sound understanding about the benefits of higher education and the key differences between university and school.

CONTENT

What can university add to your world?

- Imagining higher education
Identifying the benefits of university

MODULE 2
LEARNING OUTCOME
Students develop a strong understanding of the VARK learning modalities and can identify the modality that provides them with the best strategies for studying smarter.

CONTENT
How do I learn best?
- Discussion of the VARK system
- Students to identify the VARK modality that best suits their learning by undertaking quiz
- Recognising the study techniques that suit the variety of learning styles as noted in the VARK system and how they can assist with HSC preparation

MODULE 4
LEARNING OUTCOME
Students develop an understanding surrounding the importance of goal setting and can apply what they have learnt by setting a goal specific to their career development.

CONTENT
Setting goals for my future
- Overview of why goal setting is important not just for the HSC but for life beyond school
- Introduction of key UOW and external websites that assist with career planning
- Completion of a pathway planner that accounts for a plan A, B and C

MODULE 5
LEARNING OUTCOME
Students can apply what they have learnt about time management by creating a study timetable tailored to their individual needs.

CONTENT
Creating my study timetable
- Discussion of barriers encountered when studying
• Importance of a study timetable
• Example of a mock student timetable provided
• Creation of individual student study timetables in consultation with mentors to discuss time allocation, long and short term goals and learning preferences with mentors.

MODULE 6
LEARNING OUTCOME

Students develop a strong understanding surrounding the importance of notetaking and can demonstrate successful notetaking methods.

CONTENT

Taking notes effectively

• The link between effective notetaking and study
• Helpful pointers to remember when taking notes
• Effective methods of notetaking
• Practising successful note taking

MODULE 7
LEARNING OUTCOME

Students learn how to utilise the HSC study area syllabuses as effective study tools.

CONTENT

Studying with a syllabus

• Link to NSW Education Standards Authority (NESA) website http://www.boardofstudies.nsw.edu.au/ to find HSC syllabuses
• Important content within a syllabus
• How to utilise the syllabus effectively and discussion of study tips

MODULE 8
LEARNING OUTCOME

Students learn about the steps involved in deconstructing an exam question and the study techniques that assist with this process.

CONTENT
Deconstructing essay and assignment questions

- Steps for understanding of what essay and assessment questions are asking and knowing how to respond
- ALARM Matrix
- Example HSC questions provided for students to deconstruct
- UOW Learning Development contacts and resources provided

**MODULE 9**

**LEARNING OUTCOME**

Students demonstrate strong research skills by evaluating the credibility of print and online resources.

**CONTENT**

Finding credible sources

- Importance of research skills
- Video and questions relating to using UOW Library resources effectively

**MODULE 10**

**LEARNING OUTCOME**

Students demonstrate the study techniques that effectively support HSC Humanities exam preparation.

**CONTENT**

Preparing for your exams – humanities

- Tips and tricks for preparing for humanities exams
- Structuring exam essay responses
- Essay planning and past paper practice

**MODULE 11**

**LEARNING OUTCOME**

Students demonstrate the study techniques that effectively support HSC STEM exam preparation.

**CONTENT**

Preparing for your exams – STEM
• Tips and strategies for succeeding in STEM HSC exams
• Note taking, past papers, syllabus and formulae sheets
• Peer flashcard activity
• Links to external STEM HSC study resources

MODULE 12
LEARNING OUTCOME
Students identify key causes of stress and can demonstrate how to apply strategies that help in the process of relaxation.

CONTENT
Wellbeing and coping with stress

• De-stressing, relaxing and reducing anxiety in the HSC
• Discussion of places where students can seek help for mental health
• Key websites and contact information provided for mental health and wellbeing organisations

MODULE 13
LEARNING OUTCOME
Students build an understanding of the selection criteria UOW faculties are looking for in a student, and the dos and don’ts of addressing these selection criteria.

CONTENT
UOW Early admissions part 1: Address Criteria

• Assistance with the University of Wollongong’s Early Admissions application process
• Addressing selection criteria
• Tips for success

MODULE 14
LEARNING OUTCOME
Students develop a strong understanding of the Early Admissions process and an awareness surrounding the key qualities of a successful UOW student.
CONTENT

Early admissions part 2: Interview tips

- Meeting the criteria for an Early Admissions Interview as a UPP student
- Interview preparation
- Key tips for delivering a good interview
- Devising questions to ask Faculty members
- Understanding interview outcomes

MODULE 15

LEARNING OUTCOME

Students build an understanding surrounding the UAC application process and can demonstrate their ability to navigate the UAC website effectively.

CONTENT

UAC Applications

- Who are UAC
- Who can apply through UAC
- Assistance with submitting student university applications through UAC
- Explaining an ATAR

MODULE 16

LEARNING OUTCOME

Students develop a broader understanding of UOW’s Accommodation and Scholarship Opportunities and the associated application processes.

CONTENT

Accommodation at UOW and Scholarships

- Benefits of on-campus accommodation
- Types of on-campus accommodation
- UOW Scholarship and Grant categories
- Understanding scholarship/grant criteria
- Scholarship interview and awarding process

MODULE 17
LEARNING OUTCOME

Students demonstrate the ability to complete UOW Library’s StartSmart module.

CONTENT

StartSmart

- Completion of StartSmart
- Essential information skills to introduce the UOW academic environment and help individuals understand their responsibility as a student. StartSmart will show students how to find and evaluate relevant information to use in assessment tasks, and develop strong academic integrity practices

MODULE 18

LEARNING OUTCOME

Students demonstrate a strong understanding of how to address selection criteria.

CONTENT

Career Readiness

- Common job application mistakes
- Deconstructing job selection criteria
- STAR Model
- Writing a job application

MODULE 18

LEARNING OUTCOME

Students demonstrate an ability to create a HSC study plan which effectively incorporates the key learning areas found in Moodle Modules.

CONTENT

Final Preparations

- Revisiting:
  - How do I learn best
  - Studying with a syllabus
  - Deconstructing a HSC question
  - Wellbeing and coping with stress
— Preparing for your trials exams

• Exam preparation checklist

• Importance of healthy eating and nutrition to exam success

MODULE 20

LEARNING OUTCOME

Students can apply what they have learnt throughout the Moodle Modules to their own personal journey.

CONTENT

Congratulations and Good Luck!

• Summary of learning experiences over past 20 weeks

• Highlighting of skills developed:
  - Commitment to your learning
  - Perseverance to work your hardest even in times of stress
  - The ability to overcome obstacles to achieve your goals.

• Motivational video link

• Completion of post-survey