

Who's being referred to adult pain services in **New Zealand**?



During 2015 - 2020, over **24,000** adults were referred to 22 NZ pain services for the treatment of **chronic pain**

THE AVERAGE AGE WAS 45



53% were female

The most common self-reported pain region was the **back**



13% identified as Maori



75% were of NZ European origin

42% were **unable to work** due to their pain



1 in 4



had their pain for **>5 years**

One quarter were experiencing a **mental health condition** including depression, anxiety or PTSD



80% received care that was supported by a compensation provider



The average BMI category was 'obese'

The average oral morphine equivalent daily dose (**oMEDD**) was **38.7mg**

