2020 Snapshot

Children and adolescents referred for pain management

8 paediatric pain services in Australia participated in ePPOC and contributed information about 781 children and adolescents referred for specialist pain management.

At referral

63% had experienced their pain for more than 1 year. 1 in 3 said they lived with severe pain. Every week, almost two school days were missed due to pain.

After treatment

A large proportion of children and adolescents reported clinically meaningful improvement following treatment:

- Physical function improved in nearly two thirds of children and adolescents.
- 41% reported significantly reduced pain.
- Sleep improved in 35% of children and adolescents.
- 3 in 4 reported improved quality of life.