Profile of patients who completed a referral questionnaire (n = 305)

- 50% female
- Average age 46 yrs
- 35% unemployed due to pain
- 0% required an interpreter
- 25% had pain for over five years
- 15% not born in Aus/NZ

On average, the 127 patients taking opioid medication were using the equivalent of 33mg of morphine every day.

Services provided in this period

- 334 patients started an episode of care
- 316 patients started a treatment pathway
- Median wait time between referral and episode start: 34.5 days
- Average length of episode of care: 154.0 days
- Average treatment time per episode: 53.5 hours

Patient outcomes

- 304 patients completed an episode of care
- Episode outcomes were collected for 82%

Patients who report clinically significant improvement (%)

| Measure                  | Improvement
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Average pain</td>
<td>100</td>
</tr>
<tr>
<td>Pain interference</td>
<td>80</td>
</tr>
<tr>
<td>Depression</td>
<td>60</td>
</tr>
<tr>
<td>Anxiety</td>
<td>40</td>
</tr>
<tr>
<td>Stress</td>
<td>20</td>
</tr>
<tr>
<td>Pain catastrophising</td>
<td>0</td>
</tr>
<tr>
<td>Pain self-efficacy</td>
<td>100</td>
</tr>
<tr>
<td>Opioid reduction</td>
<td>80</td>
</tr>
</tbody>
</table>

Patient perception of overall change at the end of the episode

- Very much worse: 1%
- No change: 18%
- Very much better: 39%
- Somewhat better: 28%
- Somewhat worse: 9%