2019 Snapshot

Children and adolescents referred for pain management

- 9 paediatric pain services in Australia and NZ participated in ePPOC and contributed information about 926 children and adolescents referred for specialist pain management.

At referral

- 62% had experienced their pain for more than 1 year.
- 1 in 3 said they lived with severe pain.
- 20% of school days were missed due to pain.

After treatment

A large proportion of children and adolescents reported **clinically meaningful improvement** following treatment.

- Physical function improved in nearly **two thirds** of children and adolescents.
- 62% reported significantly reduced pain.
- Quality of life improved in **3 in 4**.
- **46%** of children and adolescents.