



# Joining Up the Dots in Aged and Health Care Reform

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# Overview

- ◆ Welcome
- ◆ A bit about the Australian Health Services Research Institute (AHSRI)
- ◆ Lessons we've learned from health services research
  - about tools to understand people's needs
  - about ways to integrate across sectors

# Today

- ◆ Sue Macri on the Commission's current thinking on the Care of Older Australians – a slice of the action for the Illawarra
- ◆ Henry Ergas on the some economic factors shaping the bigger picture
- ◆ The views of experienced local and industry participants – Nieves Murray from IRT, Paul Sadler from Presbyterian Aged Services and the GP Division
- ◆ A panel discussion at the end, with Q&As throughout



# About the Australian Health Services Research Institute

(AHSRI)

# About AHSRI

- ◆ CHSD established 1993, part of Sydney Business School. AHSRI in 2011
- ◆ Self-funded health services R&D centre
- ◆ Largest health services research centre in Australia
  - 200+ R&D projects - mix of international, national, state and local projects
  - 50+ staff and affiliates and 19 disciplines
    - ◆ psychology, statistics, health economics, public health, management, health planning, operational research, education, pharmacy, human geography, health sociology, medicine, occupational therapy, nutrition, nursing, social work, health information management, informatics and communications

# AHSRI Centres

- ◆ Centre for Health Service Development (CHSD)
- ◆ Australasian Rehabilitation Outcomes Centre (AROC)
- ◆ Australian Health Outcomes Collaboration (AHOC)
- ◆ Palliative Care Outcomes Collaboration (PCOC)
- ◆ Australian Occupational Science Centre (AOSC)
- ◆ Australian Centre for Clinical Terminology and Information (ACCTI)
- ◆ National Casemix and Classification Centre (NCCC)



# What is health services research?

Investigating wicked problems, finding practical solutions and deriving lessons relevant to policy

## Some examples of our research questions

- ◆ How to measure health outcomes of people with dementia?
- ◆ How to assess the needs of carers of people with disabilities?
- ◆ What predicts the post-school program that will best meet the needs of school leavers with disabilities?
- ◆ How to measure outcomes in palliative care?
- ◆ Is rehabilitation effective?
- ◆ How to implement best practice (translate research into practice) in Residential Aged Care?

# Tools to understand people's needs

- ◆ The examples show our main focus –how to understand needs and plan ways to meet them
- ◆ The Centres show where we work:
  - From acute care to palliative care and the spaces in between
- ◆ But the ‘interfaces’ are the where the real action is:
  - From acute to post acute to community care
  - From inpatient to ambulatory rehabilitation (aka wellness)
  - Across community care – aged, disability and carers

# One of those wicked problems – how to integrate across sectors?

- ◆ The Commission is not constrained by program-based thinking, as implied by the title: ‘The Care of Older Australians’
- ◆ But to avoid being swallowed by programs or the acute health sector, it may risk not saying enough about that sector’s roles with older Australians

# Lessons on integration

- ◆ Common tools are essential but the right tools are needed for the right job – outside hospitals, diagnosis less relevant than functional abilities
- ◆ We are starting to visualise what a less fragmented set of tools to measure needs and classify people can look like:
  - A common set of data elements – big but finite
  - Tools that are modular to allow for variation and portability across sectors and settings

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# Unifying themes + take home messages

- ◆ Palliative care is a good example of the aged and health interface
- ◆ And rehabilitation ditto and has lessons on the Commission's wellness theme.
- ◆ The gateway function is complex and when unpacked has potential for making a better distinction between people's needs and their eligibility for particular programs