

# GenPal Symptom Alert – Quick Reference Guide

(My Symptom Check-In – Practice Use)

Helps prioritise follow-up based on symptom scores (0–10).

**Priority Symptoms: Pain and Breathlessness.** Highest score determines alert level.



## MILD (0–3)

All symptoms scored 0–3

### Action

- Routine monitoring only
- Review at next scheduled contact



## MODERATE (4–6)

Triggered when:

- Pain or breathlessness = 4–6

OR

- Any other symptom = 4–6

### Action:

- **Clinical review** recommended
- Consider nurse or GP phone **check-in**
- Adjust meds or care plan if needed



## SEVERE (7–10)

Triggered when:

- Pain or breathlessness  $\geq 7$

OR

- Any other symptom  $\geq 7$

### Action:

- Prompt clinical review
- Same-day contact if pain/breathlessness **severe**
- Escalate care as needed

### Key Principles

- Severe overrides Moderate
- Pain & Breathlessness take priority