



australasian rehabilitation  
outcomes centre

## FIM FACILITY TRAINER/COORDINATOR - NEWSLETTER

DECEMBER 2022

Welcome to the FIM Facility Trainer & FIM Coordinator Newsletter - we hope you find it informative. The purpose is to:

- Keep you updated with what's happening at AROC
- Direct you to some useful FIM resources
- Look at a few FAQs & Provide a few reminders

**AROC appreciates your hard work in championing FIM in your facility.**

### AROC NEWS

#### Strategic Review Update

AROC has been engaging with stakeholders over the past year regarding operational priorities and sector developments. As a result we are excited to share a sneak preview of our strategic direction for the next few years.

Please see below link for more detailed information on AROC's Strategic Goals for 2023 – 2024.

[AROC's Strategic Goals 2023-2024](#)

**aroc Strategic Goals 2023-2024**

The Australasian Rehabilitation Outcomes Centre (AROC) is the national rehabilitation medicine integrated outcomes centre of Australia and New Zealand. AROC has identified 8 strategic goals to further drive outcome improvements in rehabilitation.

Underpinning each goal are objectives that identify initiatives to further strengthen and improve rehabilitation outcomes across both public and private rehabilitation services.

 Review and update existing data sets	 Develop new datasets and data items
 Produce reports for stakeholders at all levels	 Broaden communication, engagement and presentation of information
 Extend networks and reach through special projects	 Expand membership and member resources
 Conduct and contribute to research	 Undertake a governance and policy review

## New Staff

AROC are delighted to welcome two new members into the Team.

**Dr Claire Stewart** has been appointed as the new Quality and Education Manager (QEM). Claire has worked as a Physiotherapist in Rehabilitation for over 15 years across both inpatient and ambulatory settings. She has completed a PhD in the area of implementation science and brings both clinical and change management experience to the role.

**Ms Diana Perez** has joined the FIM Team and brings many years of experience in administration with additional skills in customer communication, data/records management, purchase and procurement, and events support. Diana loves supporting others, saying it brings a genuine joy to her heart to help other's dreams come true. She will be ready to provide administrative support and attend to your quires related to FIM systems and processes. Diana is Colombian and is happy to call Australia as her second home. She is excited to be visiting her family over Christmas after 3 years of missing them.

## AROC's 20 year Celebration

Approximately 60 people attended AROC's 20-year celebrations on 14th October. There was much to celebrate and people to acknowledge and thank for all that has been achieved, including a talk by Rebecca Schmidt-Lachlan, who spoke about her own rehabilitation journey. Bec was a much valued part of our AROC team for many years and it was great to welcome her back for the 20-year celebrations.

See below picture of the AROC Team at the 20-year celebration, including the FIM Team. Click on the picture to see more details on Twitter.



## Congratulations Tara Alexander

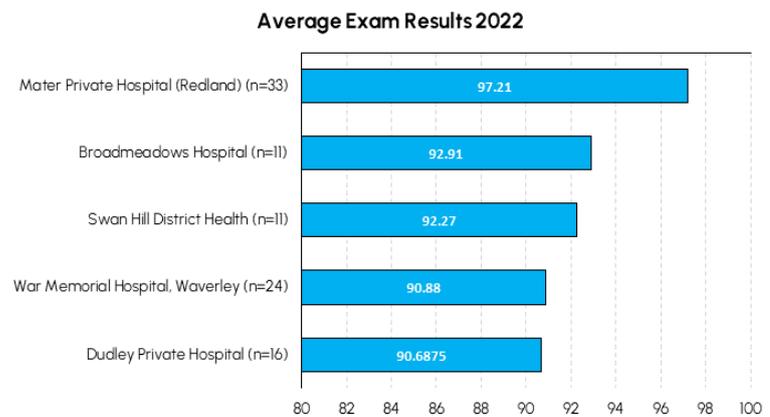
Tara Alexander, AROC's Data Manager and Statistician, recently received a Telstra Brilliant Women in Digital Health Award in Sydney in October. It was much deserved and also acknowledged Tara's incredible contribution to AROC and patient outcomes more widely in rehabilitation.



## Top Scoring Facilities

**Best average scores for FIM exams in 2022** - Well done to the below facilities on their accomplishment:

- Mater Private (Redland QLD)
- Broadmeadows Hospital (VIC)
- Swan Hill District Health (VIC)
- War Memorial Hospital Waverley (NSW)
- Dudley Private Hospital (NSW)



## WORKSHOPS & TRAINING OPPORTUNITIES

### 2023 Refresher & Candidate FT Workshops

FIM Open, FIM Facility Trainer and WeeFIM open workshop dates and registration forms will be available from the AROC websites workshop page at the end of December. If you are due to attend your 4 yearly Facility Trainer workshop as a refresher to maintain your accreditation, please visit our website.

AROC's Master Trainers now recommend all FIM Facility Trainers attend a FIM workshop conducted by an AROC Master Trainer every 4 years. Quite a few Facility Trainers did this last year, all found it extremely beneficial – not only did it consolidate the FIM scoring principles and inform them of key updates, it also gave them some excellent tips and methods of conducting their own FIM workshops.

**2023 FIM & Facility Trainer Workshop dates**

## RESOURCES & SUPPORT

### UPDATE – Bladder and Bowel: Part 2 Frequency of Accidents

On the **1st January 2023** a new criteria for scoring FIM Bladder and Bowel part 2: frequency of accidents will be implemented across Australian and New Zealand. This new criteria will be in line with the current Uniform Data System for Medical Rehabilitation (UDSMR) criteria for scoring this item.

#### FIM Exams & Online Refresher

##### How will this impact Exams and Online Refreshers purchased in 2022?

Some of the Bladder and Bowel questions have been updated to incorporate the new scoring and will automatically come into effect on 1<sup>st</sup> January 2023. The below table shows at what stage the exam key will be affected.

Only Clinicians part-way through completing their exam will be affected. The exam key will reset in January and therefore the Clinician will have to re-start the exam with the new scoring criteria. We highly recommend that any clinician who has started an exam prior to 11.59pm on 31<sup>st</sup> December 2022, complete and submit their exam.

IMPACTED	
PURCHASED	NO
ASSIGNED	NO
ACTIVATED	
- NOT STARTED	NO
- STARTED BUT NOT SUBMITTED	<b>YES</b>

#### FIM Resources relevant to Bladder and Bowel updates for 2023

Details about other resources updated for Bladder and Bowel:

- **FIM Manual:** Updates for 2023 scoring are included in version 7. Relevant pages available on the FIM Resource Portal in AOS – also see below link.

#### DOWNLOAD the Bladder and Bowel updates for 2023 scoring

- **Facility Trainer Manual:** Will be updated in 2023.
- **FIM Presentation:** Updated version 5 will be available on the FIM Resource Portal in AOS before the 1<sup>st</sup> January 2023.
- **Case Studies:** Updated Case Studies with 2023 scoring available on the FIM Resource Portal in AOS.
- **Tip Sheet Bladder and Bowel Frequency of Accidents:** Updated Tip Sheet with 2023 scoring available on the FIM Resource Portal in AOS – also see below link.

#### DOWNLOAD the Bladder and Bowel Tip Sheet 2023 updates

#### Notifications

AROC will attempt to ensure all relevant people are aware of the scoring update:

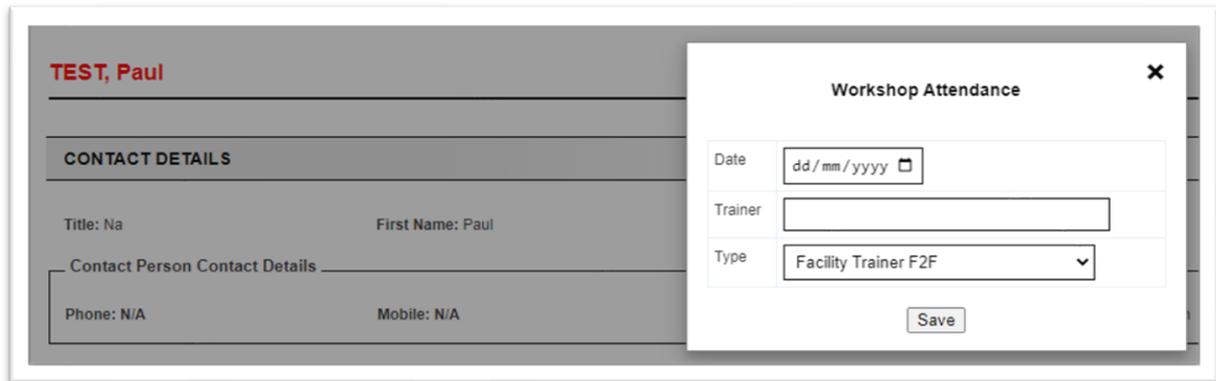
- Email to FIM clinicians and Facility Trainers (Wednesday 14 December 2022 and Tuesday 10 January 2023)
- Pop-up when accessing exam/refresher
- Notice on AOS home page

We also appreciate your assistance in informing clinicians.

**It is important that the new scoring is used from the 1<sup>st</sup> January 2023 to ensure a clean transition for data reporting purposes.**

## Attach to Workshop feature

- In order to better track when clinicians last attended a FIM Workshop, AROC has introduced a new feature in Manage Keys which allows Facility Trainers and Coordinators to 'attach a clinician to a workshop'.



The screenshot shows a user interface for managing contact details and workshop attendance. On the left, a contact profile for 'TEST, Paul' is visible, with fields for 'CONTACT DETAILS', 'Title: Na', 'First Name: Paul', 'Contact Person Contact Details', 'Phone: N/A', and 'Mobile: N/A'. On the right, a 'Workshop Attendance' modal form is open, containing fields for 'Date' (with a calendar icon), 'Trainer' (text input), 'Type' (dropdown menu showing 'Facility Trainer F2F'), and a 'Save' button.

- When assigning an exam key, Facility Trainers and Coordinators now have the option to 'assign workshop attendance' to a clinician. Once the date of the workshop and name of the Trainer has been added, that information will then appear in the Contact Details page in AOS under 'Workshop Attendance'.

### WORKSHOP ATTENDANCE

Type	Trainer	Workshop Date
FIM Workshop	Rhodri Testy	02/12/2022
FIM Workshop	Rhodri Testy	09/11/2022

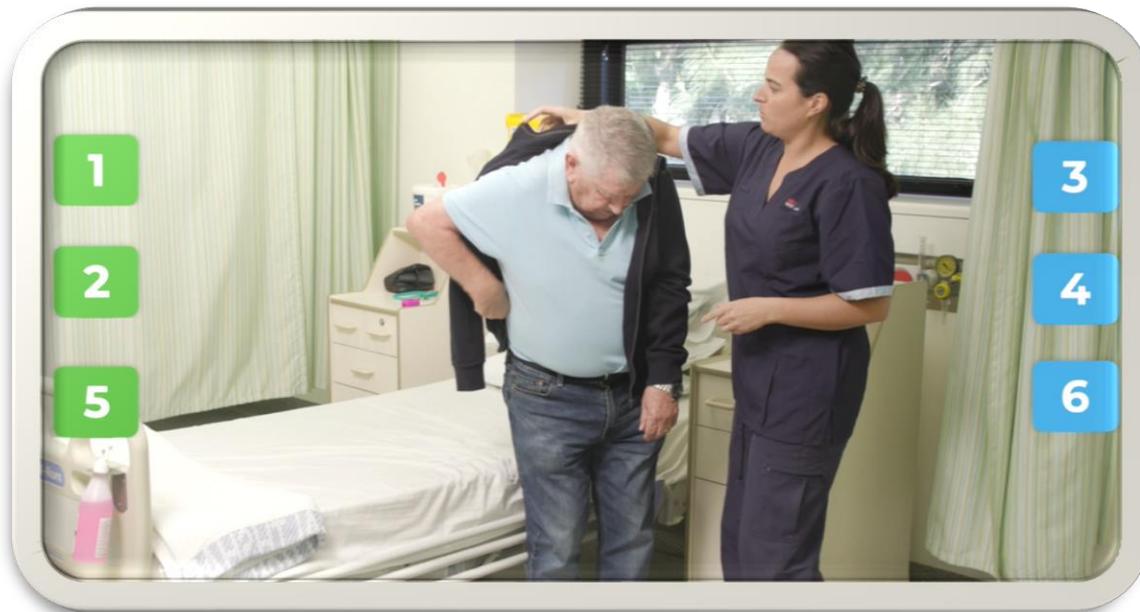
[Add Workshop Attendance](#)

- You will still be required to submit Attendance Sheets and Evaluation Forms to AROC. We hope to re-develop our system so that this will all eventually be done online through AOS. This is a big project and will take time, however the introduction of the 'Workshop Attendance' feature is an important first step.
- A step-by-step guide with screen shots can be found at the below link:

**DOWNLOAD the Workshop Attendance and re-assigning keys Process**

## FIM Item video examples

FIM Item video examples will be made available for you to show during training in 2023. These will include video examples for: Grooming, Dressing & Undressing, Bowel Management, Transfers, Social Interaction and Problem Solving. A new FIM Presentation version 5 including these examples and other updates, will be available to download from the FIM Resources Portal in December 2022 for use in 2023.



## CLINICAL QUERIES & EXPLANATIONS

### Memory

**Question:** How do you score a person who is unable to recognise people frequently encountered and unable to remember their daily routine despite constant prompting?

**Answer:** They would score a 1. Constant means continually or all of the time. As per the FIM training manual, they have to remember people, daily routine and requests (all three) more than 25% to score more than a 1. Ask "how much prompting over the day does this person need?" Refer to page 61 Tip Sheet in the FIM training manual versions 6 – 7.

### Grooming

**Question:** Hand sanitiser/alcohol gel: Given the pandemic and that this is now the norm should the use of hand sanitiser be scored? Is it modified independence in grooming or should it be the same as an electric toothbrush or shaver?

**Answer:** Too soon to consider the use of hand sanitiser being included in scoring. Recommend waiting to see how they are being used over the next few years. Note: hand sanitiser does not replace washing of the hands if visibly dirty.



### Dressing – Upper and Lower

**Question:** With the dressing upper body (and relevant for lower body), the FIM presentation scored the patient as a 2 (i.e. due to the steps added together throughout the day), but I would have scored them a 1 (taken the worst score for the day for the task). Which way should I look at it?

**Answer:** We understand what you mean by scoring the "lowest" however, for dressing Upper Body and Lower Body first look at the definition (found in the manual) which incorporates Dressing AND Undressing. We look at the total number of steps or tasks the patient takes for that day to dress and undress, then consider the percentage in the 24 hours that assistance is given.

For example, for Upper Body Dressing, if the patient wears a T-Shirt and takes 4 steps to dress and 4 steps to undress this is a total of 8 steps. If the patient can dress in the morning but needs total assistance to undress at night then out of the 8 steps, he can only do 4 steps. 4 of the 8 steps = 50% and the FIM score is a 3.

## REMINDERS

### Exam Support

The sooner a Clinician completes their exam after training, the better their result will be – see below graph. Please refer to the [Tip Sheet – Exam Support](#) in FIM Resource Portal in AOS for some ideas.

