



australasian rehabilitation outcomes centre

FACILITY TRAINER - FIM NEWSLETTER



JANUARY 2022

Welcome to the FIM Facility Trainer Newsletter - we hope you find it informative. The purpose is to:

- Keep you updated with what's happening at AROC
- Direct you to some useful FIM resources
- Look at a few FAQs
- Provide a few reminders

AROC understands 2021 has been a very challenging year for all healthcare workers. We would like to acknowledge and commend your hard work. Thank you.

AROC NEWS

AROC PROM (Patient Reported Outcome Measure)

AROC is currently in the process of implementing a Start of rehabilitation PROM and End of rehabilitation PROM, in a small number of services. The implementation will be in an inpatient setting at first, with feedback from both patients and clinicians sought, before the PROMs are released to all member sites for optional use. The PROMs have been added to the AROC inpatient dataset and will be linked with the episode data.

Benchmarking & Quality Webinars

AROC runs Benchmarking and Quality Webinars throughout the year with member states and organisations to present high level summary and casemix adjusted outcome data by each service. These will be scheduled after the release of the calendar year 2021 reports in March 2022.

Service Meetings

AROC is currently offering individual meetings via video conference for member services regarding their data. These meetings provide an opportunity for:

- Discussion about your data in the AROC benchmark reports
- Answers to any questions around data items or analysis
- Assisting members to understand the AROC data and their reports
- Learning how to use reports to help identify opportunities for improving service provision and patient outcomes.

Feedback from members who have participated in these meetings has been very positive. If your service is interested, please register your interest or email us at aroc@uow.edu.au

"Gave us an opportunity to discuss local reports and discuss potential variations to other sites across Australia"

"The meeting highlighted areas to improve on with regards to processes in improving accuracy of data. We really enjoyed the discussion in reflecting on practical ways we are addressing independence on the ward."

"After the meeting, perhaps the most productive discussion was with the team at our facility where we openly considered ways we were wrongly recording our data, or areas where we could improve on our data entry"

Service Meetings

REGISTER YOUR INTEREST

WORKSHOPS & TRAINING

2022 Training by AROC Master Trainers

FIM and Facility Trainer workshop dates can be found on the [AROC website](#).

Due to current COVID circumstances, where face-to-face (F2F) training is not possible, workshops will be conducted virtually.

FIM and Facility Trainer workshops 2022

Registration forms for the FIM and Facility Trainer workshops must be received prior to the registration closing date of the workshop (2 weeks before workshop date). Facility Trainer workshop applicants must send in the relevant registration form and the relevant application form to demonstrate eligibility. The application form can be downloaded with the registration form in the list of workshops below. Workshops may be cancelled if there is a lack of registrations. Generally, cancellation will be notified 2 weeks prior to the planned workshop date.

Workshop	Location	Date	Status
FIM Open	Sydney Business School, Circular Quay	17 Feb	Register
FIM Facility Trainer	Sydney Business School, Circular Quay	18 Feb	Register
FIM Open	Sydney Business School, Circular Quay	23 June	Register
FIM Facility Trainer	Sydney Business School, Circular Quay	24 June	Register
FIM Open	Sydney Business School, Circular Quay	22 Sept	Register
FIM Facility Trainer	Sydney Business School, Circular Quay	23 Sept	Register

Virtual FIM Training at your Facility

Experience has shown us that face-to-face (F2F) training is preferred for both trainers and clinicians. Training via a virtual medium requires a specialised skill set and technical support to be truly viable and effective. Understanding the importance of reliable data collection for validity of benchmarking emphasises the need for an effective training medium where clinicians can be given as much support and demonstrative teaching as possible. Where no other options are available, such as

may be the case during COVID restrictions, FTs can apply to AROC to conduct a one-off virtual FIM training session. After assessing the unique situation and experience of the FT, AROC may grant permission to the FT to conduct a limited temporary virtual session within certain conditions.

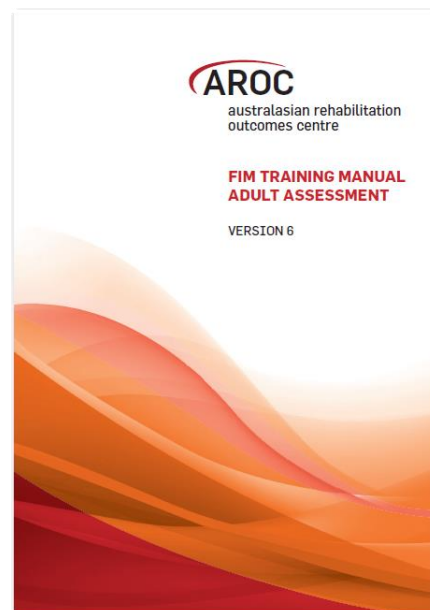
CONTACT AROC – potential virtual FIM training

RESOURCES & SUPPORT

UPADTE – FIM Manual Version 6

The FIM Manual has received a makeover. Version 5.5 was updated in September 2021 to Version 6. A table of updates can be downloaded below. Updates include:

- Improved visual accessibility,
- Content clarification for “Scoring the FIM”, Safety Considerations, Bladder and Bowel Management Level 6 and other minor updates,
- Re-ordering of sections to flow better with the FIM slide presentation,
- Updated Bibliography/Suggested Reading,
- Addition of TIP SHEETS as an appendix.



DOWNLOAD summary of FIM Manual updates v5.5 to v6

FIM Splat Generation Tool

Date of FIM Assessment	1/11/2021	20/12/2021
FIM Score for	Score 1-7	Score 1-7
Eating	3	6
Grooming	2	4
Bathing	2	4
Dressing upper body	1	7
Dressing lower body	1	4
Toileting	2	5
Bladder management	1	6
Bowel management	2	7
Transfer to bed/chair/wheelchair	1	6
Transfer to toilet	1	5
Transfer to shower/tub	1	5
Locomotion	1	5
Stairs	1	6
Comprehension	3	7
Expression	4	7
Social interaction	3	6
Problem solving	4	4
Memory	5	5

AROC has developed a tool that allows clinicians to enter a patient’s FIM scores and visualise these scores on a FIM splat. The FIM scores and splat can be printed and used for review, instruction or analysis. The tool allows you to enter 1, 2 or 3 different FIM assessments plotted on the same splat so that the patient’s improvements can be visually seen. The

splat is available now via the *FIM Resources* portal in AOS. The tool can be

downloaded and saved onto any computer with Microsoft Excel. Instructions are noted on the 3rd tab.

Tip Sheets

Two new TIP SHEETS have been developed:

- **Bowel Part 1 Use of an Enema:** available from the *FIM Resources* portal and in Appendix 1 FIM Manual v6.
- **Exam Support:** suggestions on how you can support your clinicians to successfully complete their exams (including tips about non-compliance). Located on the *FIM Resources* portal.

Manage Keys

You can now view all the keys (exams and refreshers) that are linked to your facility whether you are the 'Purchaser' or not.

1. After logging into AOS with your username and password, select your facility in the relevant field. You can filter out keys by using the other fields (eg 'Status').
2. Click the blue 'Search' button. All the keys at your facility, relevant for your selected fields, will be listed in the table – note the different 'Purchaser' names.
3. You can download this table as an excel sheet by clicking 'Export To CSV'.

Data Contacts Facilities Member Resources Reporting FIM Help

Manage Keys

Type All	Status All	Issued from to	Expiring in Days	Assigned Status All	Assigned from to
Purchaser Name		Participant Name		Participant FIM ID	Facility Anywhere Hospital

Search
Reset

Assign Keys To Participants
Export To CSV
Search:

Facility	Product	Purchaser	Participant	Status	Expiry	Result	Actions
Anywhere Hospital	FIM Exam Only	Patrick	Donna Test	NotCompleted	13/04/2019		View Go to activity
Anywhere Hospital	FIM Exam Only	Donna		Expired			View
Anywhere Hospital	FIM Exam Only	alex		Expired			View
Anywhere Hospital	FIM Exam + Refresher	alex	alex	Expired			View
Anywhere Hospital	FIM Exam Only	Peter	Peter	Expired			View
Anywhere Hospital	FIM Exam Only	Roslyn	Ruth	Completed	06/08/2020	94	View

CLINICAL QUERIES & EXPLANATIONS

Use of an Interpreter and Signing

Clarification: When another language is used and an interpreter is required, this is not deemed as an assistive device. Sign language such as Auslan, is a language, therefore not an assistive device.

Raising and lowering the toilet seat

Clarification: Raising and lowering the toilet seat is scored in Transfers Toilet as part of 'set-up' Level 5. If the person cannot transfer onto the toilet without a helper raising or lowering the toilet seat, set-up is scored.

REMINDERS

Did you know ...

1. We hold jurisdictional support meetings specifically for FIM Facility Trainers a couple of times per year.
2. All previous newsletters are available to view and download from the AROC website.
3. There are a plethora of frequently asked clinical questions on the AROC website (they are different to the trainer manual FAQs).
4. An Exercise Sheet is available for download from the FIM Resources portal. It's an excellent resource for clarifying scoring levels for each item.

Thank you for all your hard work supporting your clinicians. All our Newsletters and other resources can be found on the [AROC Resources](#) website page.

Warm Regards, the team at AROC

If you have any questions please don't hesitate to [contact us](#)