

FACILITY TRAINER/COORDINATOR - FIM NEWSLETTER

January 2021

Welcome to the FIM Facility Trainer & FIM Coordinator Newsletter - we hope you find it informative. The purpose is to:

- Keep you updated with what's happening at AROC
- Direct you to some useful FIM resources
- Look at a few FAQs
- Provide a few reminders

AROC hopes that you had a Happy Holiday Season after such a challenging year.

AROC News

AROC Director

After many years of productive service Frances Simmonds has retired. She will be sorely missed by AROC and all our stakeholders. The AROC Director position has now been advertised with applications closing on the 31 January 2021. The advert and application process can be found by clicking the following link:

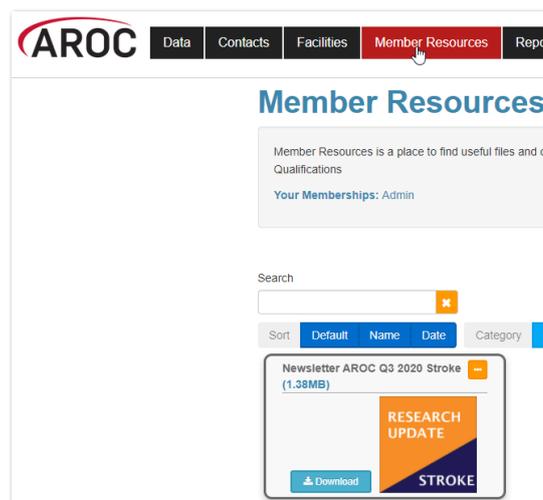
[Director, Australasian Rehabilitation Outcomes Centre \(AROC\) - University of Wollongong Careers](#)

Service Meetings

During 2020 due to COVID-19, the Benchmarking and Quality Workshops were held via a webinar presentation followed by individual service meetings for interested services. The feedback from these meetings has been overwhelmingly positive and AROC is currently planning a schedule for 2021.

AROC Research Review

In October 2020, AROC released the first Research Review on Stroke. This resource provides members with a brief review of recent stroke rehabilitation articles that have been published and can be accessed via the Member Resources section in AROC Online Services (AOS). Use your FIM ID or AOS login to access. Keep a look out for the next edition which will be published shortly.



AROC Open Workshops 2021

All FIM Open, Facility Trainer and WeeFIM workshop dates and registration forms are available from the AROC [websites workshop page](#). If you are due to attend your 4 yearly Facility Trainer workshop as a refresher to maintain your accreditation, please visit our website.

AROC's Master Trainers now recommend all FIM Facility Trainers attend a FIM workshop conducted by an AROC Master Trainer every 4 years. Quite a few Facility Trainers did this last year, all found it extremely beneficial – not only did it consolidate the FIM scoring principles and inform them of key updates, it also gave them some excellent tips and methods of conducting their own FIM workshops.

Resources & Support

NEW - Tip Sheets

Two new tips sheets have been developed to address common questions and bring clarification for the below items:

1. Bladder and Bowel – Frequency of Accidents

2. Locomotion – Household Ambulation

Download these from the AOS **FIM Resources** portal under the *Information* tab.

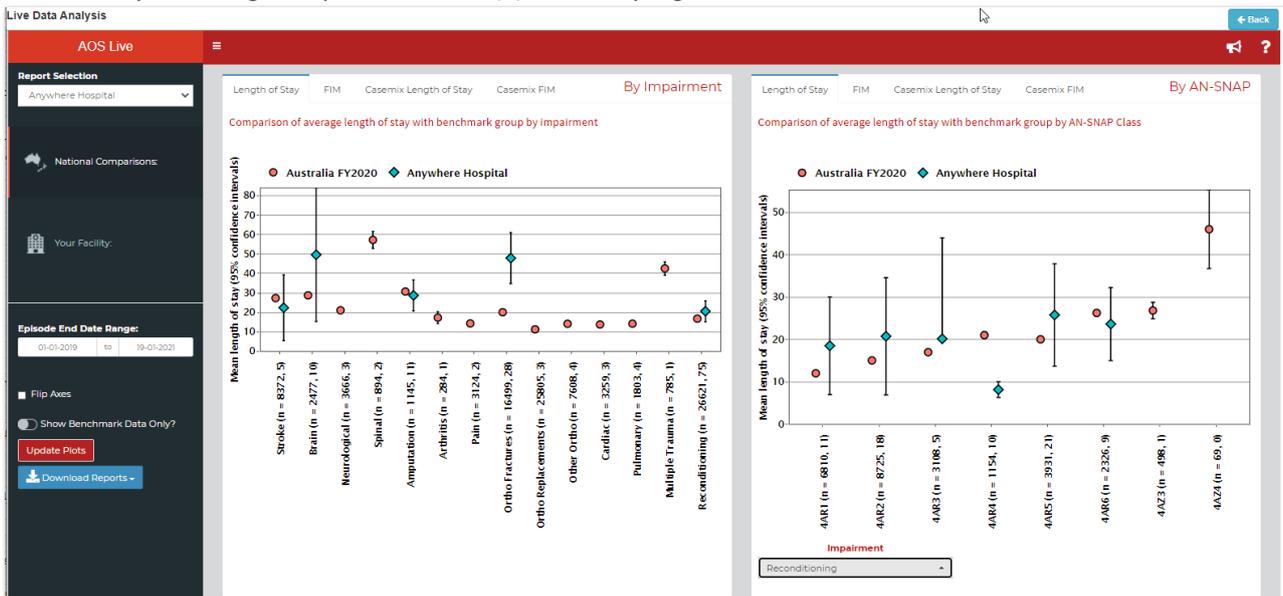
UPADTE - Trainer Manual

All Trainers should all have the most recent Version of the Facility Trainer manual v4.6. There have been some changes since the March revision was sent out. Some of these changes are also reflected in the most current FIM Slide Presentation (downloadable from the FIM Resources portal). Please note relevant changes below:

| PRESENTATION/MANUAL VERSION | LOCATION | CHANGE | UPDATE FROM | UPDATE TO |
|-----------------------------------|-----------|--------------|--|--|
| From v4.6 Oct2020 to v4.6 Jan2021 | Slide 186 | Fix typo | "quests" | "requests" |
| From v4.6 Oct2020 to v4.6 Jan2021 | Slide 46 | Fix typo | "fees" | "feeds" |
| From v4.6 Jun2020 to v4.6 Oct2020 | Slide 199 | Video | Old website screen shots in animated video | New website screen shots in animated video |
| From v4.6 Mar2020 to v4.6 Jun2020 | Slide 10 | Change pic | Old website screen shot | New website screen shot |
| From v4.6 Mar2020 to v4.6 Jun2020 | Slide 10 | Delete note | Third and final presenter note deleted | |
| From v4.6 Mar2020 to v4.6 Jun2020 | Slide 97 | Delete words | Level 5 - deleted "accidents occur approx once every 3 weeks or less" | |
| From v4.6 Mar2020 to v4.6 Jun2020 | Slide 97 | Change words | Level 4 - changed "accidents occur approx once every 10 days - 2 weeks" | "accidents occur approx once every 8 days - 2 weeks" |
| From v4.6 Mar2020 to v4.6 Jun2020 | Slide 148 | Delete words | Level 5 - deleted "That is, receives occasional prompting only (<10% of the time)" | "That is, receives prompting <10% of the time" |
| From v4.6 Mar2020 to v4.6 Jun2020 | Slide 159 | Delete words | Level 5 - deleted "That is, needs occasional prompting only (<10% of the time)" | "That is, needs prompting <10% of the time" |
| From v4.6 Mar2020 to v4.6 Jun2020 | Slide 205 | Change pic | Old website screen shot | New website screen shot |

NEW - Live Reporting Feature AOS

Live Reporting allows AROC members to log in and view a series of graphs that show a summary of their live data any time they wish. These plots can be manipulated to contain any time period of data and can be interacted with in a number of ways. The resulting graphs can also be downloaded into a report format for use offline. AROC plans to continue developing this feature by improving the current application and adding new applications with varying levels of analysis. You can access it right now by logging into AOS and selecting “Live Reporting” under the “Reporting” heading. When you first access the application you will be guided through a tour which will highlight how to best use the application. If you accidentally exit the tour, it can be restarted by selecting the question mark (?) in the top right hand corner of the screen.



Clinical Queries & Explanations

Toileting

Question: Is there consideration for flushing the toilet in FIM?

Answer: There is no consideration for flushing a toilet in FIM.

Bath/Shower Transfers

Question: A patient uses a self-propelled mobile shower chair to independently access the shower cubicle, but initially transfers from their wheelchair to the mobile shower chair using a rail and with steadying assistance from 1 helper - what would their FIM score be?

Answer: Dependent on where the transfer onto the mobile shower chair happens. For Bath/Shower Transfer the assessment commences once inside the bathroom door. If transferring to the mobile shower chair elsewhere (other than in the bathroom), it is scored with chair to chair transfer. Only take into account the help, if any, required inside the bathroom. For the Bath/Shower Transfer Item - independently sitting on the shower chair and use of the rail would equal a score of 6; however, with hands on assistance (steadying) to transfer onto the self-propelled mobile shower chair the score drops to a 4.

Locomotion

Question: If a patient navigates 12 stairs going up and down on their bottom rather than walking up or down, how do we score them?

Answer: They can score a 7. Bottom stair climbing is acceptable. Additionally, when 'Bottom-climbing' stairs, assistance in and out of a wheelchair is not part of the Stairs scoring.

Expression

Question: If a patient has a tracheostomy and currently needs a communication aid to independently express themselves, do they score a 6 or do they score a 1 if their usual mode of expressing themselves is verbally (with the expectation that at the end of their rehab they will be expressing verbally).

Answer: It is about the present. If they require a device/aid and can express at a complex level (without any help to use the device/aid or prompting), they can score a 6 – modified independence. If they can express themselves at a complex level, however require help or prompting - the starting score is a 5.

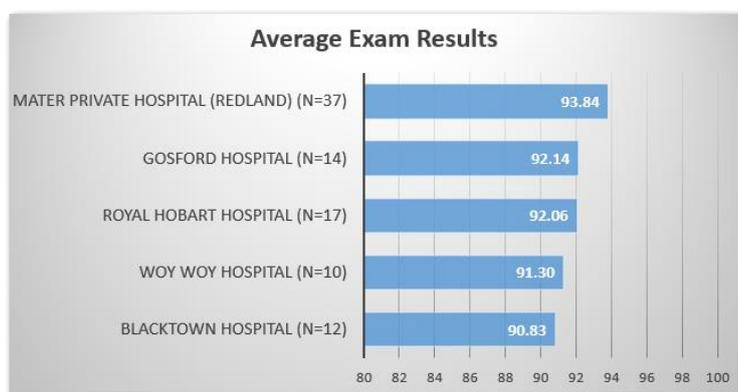
NB: Comprehension and Expression items on admission do not have to match the mode at discharge (as in the Walk/Wheelchair item).

Congratulations

Best average scores for FIM exams in 2020 - Well done to the below facilities on their accomplishment:

- Mater Private (Redland QLD)
- Gosford Hospital (NSW)
- Royal Hobart Hospital (TAS)
- Woy Woy Hospital (NSW)
- Blacktown Hospital (NSW)

With notable mention to Gosford Private (NSW), Geraldton Hospital (WA), Mona Vale Hospital (NSW), St Andrew's Memorial Hospital (QLD) and Bulli Hospital (NSW).



Thank you for all your hard work supporting your clinicians with the use of FIM through 2020.

All our Newsletters and other resources can be found on the [AROC Resources](#) website page.

Warm Regards, the team at AROC