

FACILITY TRAINERS - FIM NEWSLETTER

August 2020

Welcome to the FIM Facility Trainer Newsletter. The purpose is to:

- Keep you updated with what's happening at AROC
- Direct you to some useful FIM resources
- Look at a few FAQs
- Provide a few reminders

AROC hopes that you are keeping safe and healthy during these very unusual times.

AROC Open Workshops 2020

Due to COVID-19 restrictions and social distancing, AROC has had to cancel or postpone a number of FIM and Facility Trainer Open workshops. We are endeavouring to keep our [websites workshop page](#) as up to date as possible regarding confirmed dates. Upcoming FIM and Facility Trainer workshops are planned for NSW (September), VIC (FIM only – September), WA (October), QLD (October) and New Zealand (October). If you are due to attend your 4 yearly Facility Trainer workshop as a refresher to maintain your accreditation, please register via our website.

Conducting workshops at your facility

As you are aware, existing methods of training in the use of the FIM tool do require a face-to-face workshop. Given the current COVID-19 situation, we are recommending FIM Facility Trainers abide by their state and facility guidelines. If conducting training is possible, we recommend smaller numbers to maintain social distancing.

Importantly, there is still the expectation that FIM workshops will comprise:

- Key FIM rules and scoring principles
- Definition and core principles for each item
- Examples for each item
- Opportunity for questions
- A case study
- Details regarding credentialing and the exam

For clinicians who are re-credentialing, remember to utilise the [Online Refresher e-learning module](#) (which includes an exam), case studies and the exercise sheet.

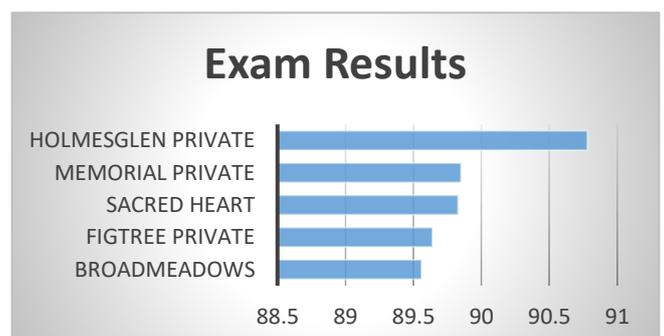
Congratulations

Best average scores for FIM exams in 2019:

Well done to the below facilities on their accomplishment:

- Holmesglen Private Hospital (VIC)
- Memorial Private Hospital (NZ)
- Sacred Heart Hospital (NSW)
- Figtree Private Hospital (NSW)
- Broadmeadows Hospital (VIC)

With notable mention to Hunter Valley Private (NSW), St Andrew's War Memorial (QLD) and St Andrews Ipswich (QLD) Hospitals.



AROC News

THE AROC WEBSITE HAS CHANGED

The AROC website has been redesigned as part of the University of Wollongong website refresh. The update occurred on Wednesday 10th June and while all links and information are the same, some items may not look the same or be in the same place on the page as you are used to. We hope you can still easily find the information you are looking for. Should you not be able to find what you are looking for, or come across a broken link, or otherwise have feedback about the updated website, please email us at fim@uow.edu.au

AROC is the national rehabilitation medicine clinical registry of Australia and New Zealand. AROC has been driving quality and outcome improvements in rehabilitation since 2002.

AROC Online Services and FIM access

AROC Online Services (AOS) is AROC's custom-built online system. AOS provides members with access to many of AROC's services including:

- data entry, upload and extract
- FIM and WeeFIM credentialing
- AROC benchmarking reports
- contact and facility management

[AOS / FIM LOGIN](#)
[AOS SUPPORT](#)
[FIM SYSTEM USER GUIDE](#)

Resources & Support

FIM Resources portal:

FIM Resources portal:

You can now download the most current FIM slide presentation (v4.6 Jun2020), FIM ID application form, case studies and everything you need to conduct your workshops from AOS. Just log in with your username and password and go to *FIM Resources* under the *FIM* menu.

UPDATED Manuals and FIM workshop slide presentation:

The “**FIM Training Manual Adult Assessment**” for FIM clinicians **Version 5.5** is now available. Sections 1, 2 and the beginning of section 3 have been re-ordered to flow better with the slide presentation. Additionally, level 5 descriptions for Social Interaction, Problem Solving and Memory have been edited to correspond with the other cognitive items.

The FIM workshop **slide presentation** and **FIM Workshop Manual for Facility Trainers** have been updated to **Version 4.6**. These incorporate a new format, clarification for bladder, comprehension and expression to parallel the FIM manual.

Bladder Management

Part 2 – Frequency of Accidents

Level 5 - Frequency of accidents is less often than fortnightly (for example, no accidents in past 2 weeks)

Level 4 - Less often than weekly (for example, no accidents in the past week; accidents occur approx once every 8 days - 2 weeks)

Level 3 - Less often than daily (for example, accidents occur once every 2-7 days)

If patient does not have any bladder accidents do not score this component

AROC

Clinical Queries & Explanations

Mobility

Question: Can someone who is not FIM trained complete parts of the assessment under the guidance of a FIM trained practitioner? For example, can a physiotherapist fill in mobility sections if reviewed by someone who is FIM trained?

Answer: The patient's ability should be documented in the patient file, and then a FIM Credentialed clinician is able to score the FIM items. The Transfers and Locomotion items, and their scoring, are not based on patient's ability during a PT session, but on their ability whilst going about their ADL's on the ward for 24 hours and on their greatest need for assistance.

Bowel

Question: How do I score if the patient has regular (second day/weekly) but not daily enema/suppositories?

Answer: Even though the enema/suppository is not given daily, it has a regular and constant effect on the bowel function and therefore needs to be considered when scoring FIM. Score the level of assistance required for the patient to complete the task regardless of the frequency, as long as it is given regularly.

Reminders

ARNA – save the date 2021

Australasian Rehabilitation Nurses' Association 30th National Conference

Hotel Grand Chancellor, Hobart, Tasmania

Thursday 9th – Friday 10th September 2021

Visit the [conference website](#) for details.

Develop your knowledge of rehabilitation care + improve your clinical skills and patient outcomes at the 30th ARNA National Conference, Rehabilitation in Nursing: exploring the possibilities. It is the largest gathering of rehabilitation nurses and subject-matter experts from around Australia and New Zealand. Join us for an action-packed two days of professional development, networking and fun!



Thank you for all your hard work supporting your clinicians with the use of FIM.

All our Newsletters and other resources can be found on the [AROC Resources](#) website page.

Warm Regards, the team at AROC