



Australasian Rehabilitation Outcomes Centre

Duration of FIM Workshops

AROC recommends and teaches that FIM workshops should be conducted over at least a 6-hour period, particularly for clinicians new to FIM. FIM workshops can be conducted in one session of 6-hours or two sessions of 3-hours. The suggested training session breakdown is shown on page 11 of the FIM Facility Trainer Manual in the Red Tab section - as shown below.

Example FIM Workshop Timetable for minimum 6 hrs (excluding breaks):

TIME	SUBJECT
1.5	Introduction; Overview and General Rules; FIM Items x3 (Eating, Grooming and Bathing)
0.25	Morning Tea
2.0	FIM Items x6 (Self-care, Sphincter control, Transfers, Locomotion)
0.50	Lunch
1.0	FIM Items (Communication, Social cognition)
1.0	Case Study Examples
0.50	Exam discussion, questions

For currently credentialed FIM clinicians, who have attended a FIM workshop within the last 4 years, an Online Refresher (e-learning module inclusive of an exam) is available for purchase.

It is critically important that FIM scoring at admission and discharge is completed in a timely manner, and accurately and consistently scored so that the full functional gain for each patient is demonstrated. Experience has proven 6 hours of instruction in the FIM instrument ensures clinicians have a sound understanding of the tool, thereby enabling them to use the FIM scoring in their day-to-day clinical practise to ensure best outcomes for individual patients.

Additionally, learning about each of the 18 FIM items and having the opportunity to complete case study examples, best prepares clinicians to attempt and complete the FIM Exam successfully.

For more information or if you wish to contact AROC regarding this please email to fim@uow.edu.au